



# Hikanbyke Highlights

## MEMBERSHIP POLICY

**Regular member** (hard mailed newsletter) **\$22/year**. **Green member** (on-line newsletter) **\$10/year**.

NOTE – hardcopy newsletter cost may vary as printing/ mailing costs increase

To submit events for the next issue of the newsletter:

**Deadline** for next issue: Feb. 20

**By E-mail:** DLSavard@gmail.com

**Include:** Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

## **Membership**

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application (at the back of this newsletter), or download from <http://www.hikanbyke.org/MembershipPrint.pdf> and forward with your check.

Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

**Hikanbyke Web Site:**  
<http://www.hikanbyke.org>

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

## STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

## **Club Coordinators**

### Membership / Missing Newsletters:

Charlie Uhlman (925) 370-1123  
Email: cju2 at sbcglobal dot net

### Special Events:

Rebecca Mallon (925) 933-8033  
Email: rmallon2 at AOL dot com

### Treasurer:

Niels Povlsen (510) 375-1521  
Email: Hikanbyke at gmail dot com

### Newsletter Compiler:

Diane Savard (925) 864-7141  
Email: dlsavard at gmail dot com



## **Event leader Information:**

Event Leaders are encouraged to carry a **mobile phone** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

**EMAIL LIST:** Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, un-subscribe yourself when you wish to leave the list, and update your email if you change your email !

For more help and to read our policy, visit our website:  
<http://www.hikanbyke.org/>

**TO SUBSCRIBE** to the list, simply send an email to [Hikanbyke+subscribe@googlegroups.com](mailto:Hikanbyke+subscribe@googlegroups.com) What is in the subject or body of the email is irrelevant. You should receive a confirmation email.

Once you are subscribed, you may post to the list.

**TO POST A MESSAGE**, send an email to [Hikanbyke@googlegroups.com](mailto:Hikanbyke@googlegroups.com) You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

**TO UNSUBSCRIBE** from the list, send an email to [Hikanbyke+unsubscribe@googlegroups.com](mailto:Hikanbyke+unsubscribe@googlegroups.com) You should receive a confirmation email.

## Bicycle Ride Rating System

<u>GRADE</u>	<u>PACE</u>
1-Flat	L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle	T-Touring: 10-13 MPH, regroup stops
3-Rolling	M-Moderate: 13-16 MPH, occasional regroup
4-Some Steep	B-Brisk: faster pace may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

## Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles	A-Less than 1,000 ft.
2-6 to 10 miles	B-1,000 to 2,000 ft.
3-10 to 15 miles	C-2,000 to 3,000 ft.
4-15+ miles	D-Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

## **EDITOR'S CORNER**

### Holiday Party Recap

December 2, 2017 6:30-10:30 pm  
Sycamore Clubhouse in Danville  
Some changes this year and we think they can go in the "positive" column. We started and ended a bit earlier. We charged one price for members, a higher price for non-members; but they could join H&B for that higher price. That allows a new member to vote at the policy meeting (1/11/18) and lead an event during the year. Same great music for listening and dancing, Same quiet living room atmosphere, Same resident sponsor for this beautiful clubhouse. What's New ?? - a pasta buffet that was delicious! It will probably be a repeat for the next party!

### Leader Thank You

November & December 2017.  
It was the time to support and participate in our various holiday celebrations. A great hike before your Thanksgiving Dinner - Joining Niels in Strawberry Canyon for his traditional hike to the top, celebrating great weather and sunshine w/champagne. Thanks to our leaders to end the year, but we need more of

you to step up and accept the challenge of leading an event. Jon continues to lead hikes every month, Rose and Ann returned to Delancy Street Restaurant for a delicious holiday lunch. What a wonderful healing program to support. If you didn't make that annual December visit, just drop in and sample the good food. I hope this list is longer next time!

Joan Friedman	Trish Hewison
Rebecca Mallon	Rose Azalde
Ann Lindner	Niels Povlsen
Jon Heinson	Roland Flamme
Dave Weiner	Stan Wong
Sheri Rupe	Ginny Bruski
Gretchen Hayes	Charlie Uhlman
Judy Sutherland	

### Earn a Free Membership Renewal

The following people lead an event during 2017, therefore earned a free year membership with Hikanbyke.

Arleen Sakamoto	Dave Sutton
Blanche Korfmacher	Dick Duker
Carla DenDulk	Charlie Uhlman
Claudia Collins	Dave Weiner
Diane Savard	Don Acamo
Frank Nolte	Ginny Bruski
Gretchen Hayes	Helen Herzberg
Howie Herskowitz	Jean Narbut
Jean Tokarek	Joan Friedman
Joan Shannon	John Murrell
Jon Heinson	Judy Sutherland
Karen Martin	Ken Karda
Lynne Harris	Maggie Davis
Marty Rossen	MaryAnn Acamo
Melinda Oliver	Nancy Nolte
Niels Povlsen	Pat Baran
Pat Perez	Rebecca Mallon
Rita Poulsen	Roland Flamme
Rose Azalde	Sandy Filson
Sheri Rupe	Stan Wong
Trish Hewison	Walt Thomas

## **Future Events**

### Annual H&B Policy meeting, & Potluck

Thursday January 11 6:00 PM  
**Place:** John and Dana Hannum  
See details in body of the newsletter.

### Spring time in Nevada City

Friday March 16 thru Sunday March 18  
Don & MaryAnn Acamo

We are currently working on this event and all the information needed will be posted on the internet sometime in late January. We will be staying at the Northern Queen, We will be having a group dinner and going to the Off Broad Street Theater for their fun musicals. We will also have a Wild Flower hike and happy hours. Prices and other information will be coming. Hope you can join us. This has always been a very popular event.

### Hikanbyke Yosemite Experience 2018

Come join our Yosemite trip for 2018. In addition to hiking, biking, and photography there are many programs available. This is a wonderful trip and we sell out every year. We're trying to expand our Housekeeping units from 10 to 15 for 2018 to accommodate more members, so get your reservations in early. We will have a wait-list.

**DATES:** Sunday June 3 to Thursday June 7, 2018 -- 4 nights, 5 days. The accommodations are in the Housekeeping Camp and occupancy is two people per unit. This experience usually fills up very quickly. Breakfast and lunch are each individual's responsibility. We have a HAPPY HOUR every night; each person brings their own beverage and snacks. Dinner & Campfire: This is the time when we socialize and is great fun with a varied menu and different groups cooking each night. Cost of dinners is about \$40/person for 4 nights and we have great meals and plenty of food. Many members choose to attend a breakfast buffet (optional) at the Yosemite Majestic Hotel, (formerly the Ahwahnee) on Thursday morning, prior to our departure, a wonderful tradition, in their beautiful dining room which we have been doing for many years. We have our planning meeting in January in Walnut Creek to plan and discuss meals and hiking etc. An email will be sent in December to announce location, date & time. To reserve your Housekeeping Camp unit send your initial deposit of \$125/person, \$250/unit payable to "Howie Herskowitz" and mail to: 172 Santa Rosa Ave, Oakland, CA 94610. Please include names, addresses, email, and phone

numbers of participants. Your final payment will be due at our January meeting. This is a Hikanbyke event. Your membership MUST be current to attend. You can join Hikanbyke on this web page:

<http://hikanbyke.org/MembershipPrint.pdf>

For more information please email: Howie Herskowitz or Melinda Oliver: [howie@itsolutions.net](mailto:howie@itsolutions.net) [melinda.j.oliver@gmail.com](mailto:melinda.j.oliver@gmail.com)

### 2018 Car Camping Trips

We had our planning meeting today and came up with some tentative dates for 2018. Too soon to make camp site reservations so this could change, but just to give a heads-up:

Big Basin - on the Peninsula Tue June 12 - Fri June 15 (3 nights)

Sugar Pine at Lake Tahoe July 30 - Aug 3 - 4 nights

Samuel P Taylor - in Marin Co. - Wed Sep 5 - Sat Sep 8- 3 nights - starts Wed after Labor Day

## January – February Events

### East Bay Wednesday Ride

Rides generally start at Heather Farm Park at 10:00 AM. Rides are posted on the Hikanbyke Google groups. For specific ride information, contact

Joan at [joanmfriedman@aol.com](mailto:joanmfriedman@aol.com) or 925-216-7833 or Trish [thewison@att.net](mailto:thewison@att.net), 925-212-7047.

### New Year's Day Marina Green/Crissy Field San Francisco Bay Walk

Monday January 1 10:30 AM  
Niels Povlsen (510) 375-1521  
Start the New Year the right way with your friends with some (not too much) exercise. Meet across the

**A Happy  
New  
Year!**

street from Safeway in the Marina Green parking lot for a leisurely walk along San Francisco Bay. We'll wander through Crissy Field to Fort Point returning through the Presidio with a stop at the Log Cabin, where we'll share snacks and perhaps say a toast to our good fortune of having such wonderful friends. We will continue the walk through the Presidio back to our cars. Bring food/drink to share. If you don't want to carry your dish, come ½ hour early and Diane will take your dish to the Log Cabin.

### New Year's Luncheon

Friday, January 1 PM.

Ariane Franc [925-954-8797](tel:925-954-8797)

Hi friends, if you are not able to join Niels great First of the year hike and picnic, please join the Shipmates and their friends to celebrate. We are going to Peony Garden across from Kaiser in Walnut Creek. Separate checks. Last year we were 24 old and new friends cheering the brand new day and all had a good time! for reservations, please call: or Ariane at [\(925\)954-8797](tel:925-954-8797) or e-mail [12agfranc@gmail.com](mailto:12agfranc@gmail.com).

We need a head count by 12/30/2017

Directions: Mimi's is at the start of the Concord plaza, at the corner of Market and Willow Pass Road: plenty of parking!

### Lake Merritt Walk & Dinner

Wednesday January 3 5:30 PM  
Niels Povlsen [\(510\) 375-1521](tel:510-375-1521)

Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant, after our walk. I am thinking of doing Taco Tuesday at the Lakehouse on Lake Merritt.

### Lafayette Reservoir Walk

Friday January 5 9:30 AM  
Our winter walks are dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette.

See you there. Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell

### 1/TM/35 Bay Trail / E-ville / Point Richmond

Friday January 5 9:45 a.m.

Arleen Sakamoto

[Sakamo2@Yahoo.com](mailto:Sakamo2@Yahoo.com)

Kenneth Karda [\(510\) 530-8389](tel:510-530-8389)

Meet at 9:45 am for a 10:00 am start  
Start Location: Berkeley - Aquatic Park Playground

[\[https://www.grizz.org/rides/starts.php?id=4\]](https://www.grizz.org/rides/starts.php?id=4)

We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory Ship, Miller-Knox Park, Ferry Point Tunnel & lunch @ Little Louie's. There will be option to bypass the tunnel.

### Annual H&B Policy meeting, & Potluck

Thursday January 11 6:00 PM

**Place:** John and Dana Hannum

**Directions:** 1022 Dunhill Court Danville 94506 Tel. 925-648-2338

Join us for our annual H&B policy meeting. Topics to be discussed will include financial report, special events report, vote on Memorial Bench and charities. If you have a topic you must be present to discuss it. Send an advance email regarding what topic you would like to discuss to Niels, Diane or Rebecca. You can only vote if you are a member  
Questions? Call Diane Savard at (925) 864-7141.

### Lafayette Reservoir Walk

Friday Jan. 12 9:30 AM

Our winter walks are dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell

### Anthony Chabot Park Hike 2B

Saturday January 13 10:00 am

Jon Heinson. (925) 899-2953

Join us for a pleasant hike around Lake Chabot in the Anthony Chabot Regional Park. This hike includes the Columbine trail which runs along the

backside of Lake Chabot. Bring lunch and water. Bring something to share if you wish. Lunch will be at the amphitheater in the campground. The hike is 9 miles, although not strenuous elevations. Directions: we meet at the Boat Marina. Parking is \$5 or free on the street outside the park. From Oakland area take 580 south or from east bay Concord area 680 to 580 west. Take last Hayward exit (Strowbridge) from east or first if from west. Proceed north to Castro Valley Blvd then right turn. A few blocks down turn left as per signage to the park.

### **3/T/44 Portola Valley Loop**

Sunday January 14 9:45 a.m.

Arleen Sakamoto

[Sakamo2@Yahoo.com](mailto:Sakamo2@Yahoo.com)

Kenneth Karda (510) 530-8389

Meet at 9:45 am for a 10:00 am start.

Start Location: Fremont - Visitor

Center, Don Edwards Wildlife

Refuge

[\[https://www.grizz.org/rides/starts.php?id=154\]](https://www.grizz.org/rides/starts.php?id=154)

We will ride across the Dumbarton Bridge to Menlo Park, then clockwise to Robert's Market in Portola Valley.

The return is thru Woodside,

Redwood City to the Dumbarton

Bridge. Start location is accessible from Union City BART via [Alameda Creek Trail \( 9 mi one way\)](#).

### **Orinda to Black Hawk/Slow & Social, about 45 miles/4 hours/level A/pace 2/hills B**

Sunday, January 14 9:30 am meet

PROMPT 9:45 am departure

Helen Herzberg (510) 537-9109 or

[hherzberg@earthlink.net](mailto:hherzberg@earthlink.net)

Let's ride, eat, and socialize. We start at the Orinda BART station, meander via Camino Tassajara for a lunch break near Black Hawk Plaza, and then back.

Start: Orinda BART - EAST side. Take Hwy 24 east through the Caldecott Tunnel. Take the Orinda/Moraga exit.

At the exit, turn left, then make a quick right into the BART station parking lot.

Meet PROMPTLY at the entrance.

Cold weather or rain cancels - maybe hike instead. Watch for last minute e-mails.

### **Lunch and A Movie**

Tuesday January 16

Don & MaryAnn Acamo

[925-899-5030](tel:925-899-5030)

This will be a blockbuster

event. There are a lot of great movies

coming out, so the movie that we will see will be coming out soon. The restaurant and time will be advertise later. We will be going to the Pleasant Hill theater. The price for everyone is \$5.75 all day. This will be an RSVP event so watch for it coming to you through the internet sometime in 2018.

### **Book Group Discussion and Pot Luck**

Thursday, January 18 Noon (note time change)

Judy 510-601-8558

Celeste Ng's [Everything I Never Told You](#) is a mystery and a sensitive family

portrait uncovering the ways in which mothers and daughters, father and sons, and husbands and wives struggle all their lives to understand each other. Call for directions

### **Lafayette Reservoir Walk**

Friday Jan. 19 9:30 AM

Our winter walks are dependent on weather reports. Rain will CXL a

walk. Watch for alert the day of, or the day before. See you near the

flagpole in the parking lot. Pay the

fee or park free at the bottom of the hill. We always walk clockwise on the

2.7 mile paved path. And we always

go for drinks and treats in the patio

behind Noah's Bagels in Lafayette.

See you there. Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell

### **Pot Luck and Singalong**

Saturday January 20 6:30 PM

Montclair District, Oakland,

John Murrell [\(510\) 339-1263](tel:510-339-1263)

John and the gang are once again hosting another of the popular potluck

musical evenings at John's house in the Montclair district of Oakland. Song

books will be provided which include over 450 songs of all genres. Don't

worry if your voice is not that great, we are here to have fun. Tonight's theme

will include selecting songs recently added to the song books. You will be

accompanied by one or more guitar players to lead the group with tunes

chosen. Bring a potluck dish to share and the beverage of your choice if you

plan to join the potluck. If your last name begins with A-G bring an salad,

H-P bring an entree, Q-Z bring desert, and your own beverages. If you are not

sure what to bring, entrees are always a good choice. Also a musical

instrument if you have one. Please note that there will be a three dollar

charge to cover the cost of paying for

professional cleanup help after the event, and for plates, cutlery and glasses, and song books. Address; [6175 Snake Rd, Oakland](#). Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park Bl and turn left to Mountain Bl, go left again on Mountain Bl about three blocks and turn right onto Snake Rd at the light. From Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful, Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have missed the turn. The house is 1/2 mile up on the left opposite Drake St.

### **Swad Indian Cuisine Buffet**

**Lafayette**

Sunday January 21 11:30 a.m.

Patrick Perez [\(925\) 915-9554](tel:925-915-9554)

[patrick.perez.g4@gmail.com](mailto:patrick.perez.g4@gmail.com)

Swad India is the one of the finest Indian restaurants featuring some of the

outstanding authentic North Indian Cuisine served in an elegant

surrounding, with no additives or preservatives. This is the best Indian

buffet that I have experienced. It is an all you can eat buffet. You will not go

away disappointed with what they serve. They have vegetarian entrees

and tandoori chicken and a meat type of stew. Their bread Naan is served

freshly baked and as much as you want to eat. If you can believe it the

cost including tax is \$10.28! What a deal. Directions: Swad India is located

in at [3602 Mt. Diablo Blvd](#) in Lafayette.

To get there from the Concord area, take Highway 680 south to Highway 24

going West. Take Exit 13 to Central Lafayette. Use the right lane to turn

into Deer Hill Road. Turn right onto First Street. Turn right onto Mt. Diablo

Bld. Use the left lane to turn onto Moraga Road. The restaurant will be

on your left. You can park in their parking lot or street parking.

### **Lafayette Reservoir Walk**

Friday Jan. 26 9:30 AM

Our winter walks are dependent on weather reports. Rain will CXL a

walk. Watch for alert the day of, or the day before. See you near the

flagpole in the parking lot. Pay the fee or park free at the bottom of the

hill. We always walk clockwise on the 2.7 mile paved path. And we always

go for drinks and treats in the patio behind Noah's Bagels in Lafayette.

See you there. Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell

### **Mill Valley Waterfall Hike**

Sunday January 28 10:00 AM  
Niels Povlsen [\(510\) 375-1521](tel:510-375-1521)

Discover some new trailheads near downtown Mill Valley. We'll explore new twists and turns wandering through groves of Redwoods, along needle-covered trails and through quiet country roads. And, guess what? a potluck, so bring food/drink to share. RAIN WILL IMPROVE THIS HIKE. Hiking boots recommended. Bring water and bundle up with layered clothing. Directions: 101 S. to Blithedale exit; turn right and continue to downtown Mill Valley. Park (but be aware of parking time limits) and meet on the square by the Book Depot.

### **Lafayette Reservoir Walk**

Friday Feb. 2 9:30 AM  
Groundhog Day -- Will we or won't we have a LONG winter? Taking bets today!

Our winter walks are dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell

### **Sacramento Free Museum Day**

Saturday February 3 8:30 A.M.  
Stan Preftokis (925) 454-9664  
Admission to most of Sacramento's 20+ museums is free today (Some that charge will let you in for free if you show your BofA ATM card.). We will meet at the Martinez train station and take AMTRAK to Old Sacramento. The train leaves at 9:01 a.m. It costs \$38.00 for a Senior value ticket round trip. Book asap to get this rate. Once in Sacramento, our first stop will be for breakfast at the quaint Fox & Goose Restaurant, where you can get fresh homemade scones with Devonshire cream, or whatever else strikes your fancy. After breakfast, we will split up into small groups and visit the museums of your choice, at your own pace. Fine art, state history, politics,

antique autos, women's history and lots more are sure to peak your interest. There is even a guided tour of the cemetery with fascinating stories of the movers and shakers that made California what it is today. Watch for the announcement on Google groups.

[www.sacmuseums.org](http://www.sacmuseums.org)  
[www.foxandgoose.com](http://www.foxandgoose.com)

### **Sunday Afternoon Piano Concert in El Sobrante**

February 4 2:00 PM  
Our first piano concert of 2018 features Frederick Hodges. Always a favorite entertainer, he is a truly versatile pianist who also sings tunes from his broad repertoire of ragtime, novelty and show tunes from the 1900's. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission. Advanced registration is required. The cost of the concert is \$25.00 to cover the musician's fee and refreshments. To register-send a check with your e-mail address to John Ulrich, [4184 Garden Lane, El Sobrante, Ca. 94803](mailto:4184 Garden Lane, El Sobrante, Ca. 94803). The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early-doors close promptly at 2PM. For more information, contact Blanche at (415) 665-1135 or [blanchek@sbcglobal.net](mailto:blanchek@sbcglobal.net)

### **Super Bowl Party at Jerry's in Hercules**

February 4 Sunday 2:30 p.m.  
Patrick Perez [\(925\) 915-9554](tel:925-915-9554)  
Jerry Gulick [\(510\) 799-7447](tel:510-799-7447)  
[ggulick3724@sbcglobal.net](mailto:ggulick3724@sbcglobal.net)  
\*\*Reservations Required\*\*  
We don't know who it will be yet but come join Jerry for a fun afternoon with your Beachcomber friends, cheering on your favorite team. Bring a dish to share, the beverage of your choice and \$3 to cover the cost of paper goods. The kick-off is at 3:30, but come early (beginning at 2:30 p.m.) so we can get the party started before the game begins. Also, if there is enough interest, we may have a Super Bowl pool, which we will need to have filled in before kick-off. Call Jerry [\(510\) 799-7447](tel:510-799-7447) early to reserve your spot as this event is limited to 20 people.

### **Lake Merritt Walk & Dinner**

Tuesday February 6 5:30 PM  
Niels Povlsen [\(510\) 375-1521](tel:510-375-1521)  
Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant, after our walk. I am thinking of doing Taco Tuesday at the Lakehouse on Lake Merritt.

### **Lafayette Reservoir Walk**

Friday Feb. 9 9:30 AM  
Our winter walks are dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell

### **Oakland Museum of California.**

Friday Feb 9 4:00 pm  
Don & MaryAnn Acamo [925-899-5030](tel:925-899-5030)  
History is so important and the more we learn, the more we understand the reason why things are. Oakland was Called Contra Costa, the city across the bay. It was named Oakland because of all the Oak trees there. The population of San Francisco before the gold Rush in 1848 was around 1000. people. At the end of 1849 the population was 25000 people. The Oakland Museum of California on Friday night has a lot more to offer.. The museum hours are from 5pm to 9pm. On the 10th St side of the museum, there are 17 trucks set up as part of Off the Grid. There are tables set up for you to eat or you bring your food to the Oak St. Plaza or the museum amphitheater on 10th St to enjoy as you watch and listen to music, dance and performances. There are picnic tables in the amphitheater area that can be reserved. There's also a Blue Oak Beer Garden by the Koi Pond and the Cash Bar and Lounge on the second level where you can get beer, wine and libations. Join us for this fun evening. Please RSVP. We will be carpooling from our home

**Larkspur Baltimore Canyon Waterfall Hike**

Saturday February 10 10:00 AM

Niels Povlsen (510) 375-1521

Beginning our hike at Dolliver Park at the intersection of Magnolia Avenue at Madrone in downtown Larkspur./ We'll hike through Baltimore Canyon along the Northridge (the spur of Mt. Tamalpais which separates Mill Valley from Corte Madera and Larkspur), Baltimore Canyon Open Space Preserve which is home to a mixed conifer forest which includes Coast redwood and Douglas fir. In winter and spring, runoff from Mt. Tamalpais creates Dawn Falls, a popular destination for open space visitors. Another hike which is enhanced by rain! We'll picnic lunch at a spot on the trail with spectacular views AND, it will be a potluck - Bring food/drink to share. Directions: I-580 W toward SAN RAFAEL, Take the SIR FRANCIS DRAKE BLVD exit Continue on E SIR FRANCIS DRAKE BLVD, Take LEFT ramp onto US-101 S toward SAN FRANCISCO Take the Lucky Drive/Doherty exit, Continue on FIFER AVE Turn LEFT on LUCKY DR, Bear RIGHT on DOHERTY DR Turn LEFT on MAGNOLIA AVE, Arrive at MAGNOLIA AVE & MADRONE AVE, LARKSPUR,

**Lafayette Reservoir Walk**

Friday Feb. 16 9:30 AM

Chinese New Year -- What will be your Good Fortune for 2018? Our winter walks are dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca 925-933-8033 home or 925-323-3579 cell

**Redwood Park in Oakland**

Saturday February 17 10:00 a.m.

Jon Heinson. Jeheinson@gmail.com (925) 899-2953

Join us for a 7 mile hike through the largely shaded redwood forest. Meet at Canyon Meadow staging area which is in the park at end of the road. We hike largely up initially and about halfway through the hike we

stop for lunch at Redwood Bowl. Bring something to share. Directions: Hwy 13 off Hwy 24 just before the Caldecott Tunnel on the west side. South to Redwood Road exit and turn left uphill past Skyline Blvd and continue on Redwood to the park on the left. Turn into the park (\$5 parking fee) and meet in the parking lot Canyon Meadow staging. It takes about 30 min for Redwood exit.

**Book Group Discussion and Pot Luck**

Monday, February 19 Noon ( again, note time change )

Jean 510-534-5686

Trevor Noah's Born a Crime is a collection of essays about growing up in South Africa the child of mixed-race couple at a time when it was illegal for blacks and whites to mix. Trevor's essays shed insight and understanding a diverse culture, life under apartheid, and the aftermath of conditions once apartheid ended. Call for directions

**Lafayette Reservoir Walk**

Friday Feb. 23 9:30 AM

Our winter walks are dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca 925-933-8033 home or 925-323-3579 cell

**Niels 70k Ride**

Sunday February 25 10:00 AM

Niels Povlsen (510) 375-1521

Brickyard Landing (my place) Bike Ride 42 +/- to Oakland with a Picnic Lunch at Jack London Square. The Farmers Market is open so you can pick up lunch there. This ride takes us along the Bay Trail starting in Point Richmond, continuing along the Bay in Marina Bay, onward through Berkeley, Emeryville down to Jack London Square in Oakland featuring spectacular views of San Francisco and SF Bay. Most of the ride is either on bike trails or lightly traveled roads. Directions for start of bike ride: Hwy. 580 towards the San Rafael Bridge. Exit at Canal St. Left at bottom of exit to Cutting. Right at

light. Left at Garrard. Go through the tunnel. Turn left at Brickyard Cove Road. Left at Brickyard Way. Park in the lot immediately to the right by the tennis courts. Questions? Call Niels.

**HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION**

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

**Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.**

Please check one: New Membership  Renewal  (for renewals, only list any information that has changed)

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: (     ) \_\_\_\_\_ Other Phone: (     ) \_\_\_\_\_

Internet email address: \_\_\_\_\_

Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount.

**Regular** (paper, mailed) = \$22/Yr.

**Green** (email delivery) = \$10/Yr.  \* An email address is required

**Hikanbyke** distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes  No  Your Email Address? Yes  No

I enjoy the following: Hiking/Walking  Cycling  Camping  Backpacking  DH Skiing  XC Ski

Tennis  Running  Other (please specify) \_\_\_\_\_

Hikanbyke  
1201 Brickyard Way, #111  
Point Richmond. CA 94801

Place stamp  
here

**Do NOT send renewals to above address**



**Address Correction Requested**

Check the **expiration date** on your mailing label  
If within 3 months, please **renew promptly**.