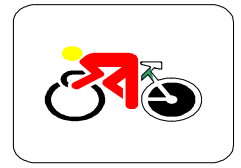


May - June 2017



Hikanbyke Highlights

MEMBERSHIP POLICY

Regular member (hard mailed newsletter) **\$22/year**. **Green member** (on-line newsletter) **\$10/year**.

NOTE – hardcopy newsletter cost may vary as printing/ mailing costs increase

To submit events for the next issue of the newsletter:

Deadline for next issue: Feb 20

By E-mail: DLSavard@gmail.com

Include: Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

NEWSLETTER RELEASE GET TOGETHER

Join your H&B friends for a social pot-luck dinner and to review the events in the latest newsletter. These socials will be held bi-monthly coinciding with each new newsletter and depending on a volunteer member to host at their home.

Membership

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application (at the back of this newsletter), or download from <http://www.hikanbyke.org/MembershipPrint.pdf/> and forward with your check. Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Hikanbyke Web Site:
<http://www.hikanbyke.org>

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

Club Coordinators

Membership / Missing Newsletters:

Charlie Uhlman (925) 370-1123
Email: cju2 at sbcglobal dot net

Special Events:

Rebecca Mallon (925) 933-8033
Email: rmallon2 at AOL dot com

Treasurer:

Niels Povlsen (510) 375-1521
Email: Hikanbyke at fastmail dot fm

Newsletter Compiler:

Diane Savard (925) 864-7141
Email: dlsavard at gmail dot com



Event leader Information:

Event Leaders are encouraged to carry a **mobile phone** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

Unless specifically invited by the event leader, no animals are permitted on events.

EMAIL LIST: Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, unsubscribe yourself when you wish to leave the list, and re-September - if you change your email !

For more help and to read our policy, visit our website:
<http://www.hikanbyke.org/>

TO SUBSCRIBE to the list, simply send an email to Hikanbyke+subscribe@googlegroups.com What is in the subject or body of the email is irrelevant. You should receive a confirmation email.

Once you are subscribed, you may post to the list.

TO POST A MESSAGE, send an email to Hikanbyke@googlegroups.com You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

TO UNSUBSCRIBE from the list, send an email to Hikanbyke+unsubscribe@googlegroups.com You should receive a confirmation email.

Bicycle Ride Rating System

<u>GRADE</u>	<u>PACE</u>
1-Flat	L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle	T-Touring: 10-13 MPH, regroup stops
3-Rolling	M-Moderate: 13-16 MPH, occasional regroup
4-Some Steep	B-Brisk: faster pace may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles	A-Less than 1,000 ft.
2-6 to 10 miles	B-1,000 to 2,000 ft.
3-10 to 15 miles	C-2,000 to 3,000 ft.
4-15+ miles	D-Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

EDITOR'S CORNER

Thank You to the March-April event leaders

It has been a very rainy winter and early spring! So many events were canceled or postponed, but we still thank those willing to lead and reschedule. Sunshine is in our future! Signup for even more opportunities to lead. We all need to get out and enjoy the sunshine, wildflowers, blue skies with our H&B friends. So keep on moving!

Trish Hewison	Joan Friedman
Arleen Sakamoto	Ken Karda
Don Acamo	MaryAnn Acamo
John Murrell	Dave Sutton
Jon Heinson	Niels Povlsen
Charlie Uhlman	Stan Wong
Sheri Rupe	Ginny Bruski
Blanche Korfmacher	Helen Herzberg
Diane Savard	Gretchen Hayes
Sandy Filson	Rebecca Mallon

Future Events

Membership Cocktail Party

Sunday May 21 5:00 pm
Don & Maryann Acamo

This will be a special event for our club and we are asking all of you to bring a previous member or prospective member. This is an RSVP event. We will need your name as well as the name of your guest. Please email me with this information at dacamo55@hotmail.com We will be making different color name tags and will have membership forms available. Please encourage your guest to bring \$10.00 for our annual membership fee. This will be a great opportunity for members to reach out and bring someone who is no longer a member or bring someone new. Members are asked to bring a hardy appetizer for themselves and their guest. We will be supplying a non-alcoholic beverage, and dinner ware.

Car Camping

Dave Sutton
We have three trips planned this year. All are for 4 nights. Save the dates - details later:
Pinnacles - April 24 - 28 (Mon-Fri)
Completed and all had fun!
Sequoia/Kings - July 17 - 21 (Mon-Fri)
MacKerricher - Aug 28 - Sep 1 (Mon-Fri) - we leave there the Friday of Labor Day weekend.

Woodminster Open Air Theater

Join Jon this year for three wonderful musicals at the great venue. Woodminster is located off Hwy 13 which is the last exit off Hwy 24 before the Caldecott Tunnel on the West side. Take 13 South to Joaquin Miller exit. Follow up the hill about a mile and follow signs the Woodminster. We go to the dress rehearsals on Thursday evenings. The price is half the regular performance cost at about \$18 and no parking fee. We meet inside at a picnic table where we share dinner and wine at 7:00. Bring something to share if you choose. After dinner we go into the bowl and pick out our seats. The three shows this year are: Mamma Mia on July 6
South Pacific on August 3
Beauty and the Beast on August 31

Please put these on your calendars
Jon Heinson WHEN ATTENDING BE SURE TO BRING WARM CLOTHES AND BLANKETS. Call me if you plan on joining me. [\(925\) 899-2953](tel:9258992953)

Save the Date - Annual Picnic

Sunday September 10, 9 AM (hikes & rides) - 12 noon (potluck picnic) - 3PM

We are checking out new locations for the annual picnic. Miller-Knox Regional Shoreline in Pt Richmond is a suggested new favorite of several members. As always, rides and hikes will precede the BBQ and potluck picnic that begins around noon. There are several bike ride options from the picnic site. Hikes can take off right from the free picnic parking lot into the hills behind the site. And the level San Francisco Bay Trail can be accessed directly from the site. Beautiful views of the SF skyline, the bridges are a plus. Questions/Comments??
Rmalon2@aol.com or [925-933-8033](tel:9259338033)

Save the Date - Annual Holiday Party

Saturday December 2 6:30-10:30 PM

A few changes - the members at the policy meeting in Feb. voted for a time change (a bit earlier) and a price change (1 price for members, 1 price for guests). So watch for details in future newsletters. Join us when we return to Sycamore Clubhouse in Danville. It has been a favorite location for many years. We have music for listening and dancing, a hearty hot appetizer buffet, beer, wine & soft drinks all included in your reservation. Committees will be seeking help with decorating, greeting, serving and cleanup. Questions? Rebecca at rmallon2@aol.com

Hikanbyke Yosemite Experience 2018

Come join our Yosemite trip for 2018. In addition to hiking, biking, and photography there are many programs available. This is a wonderful trip and we sell out every year. We're trying to expand our Housekeeping units from 10 to 15 for 2018 to accommodate more members, so get your reservations in early. We will have a wait-list.
DATES: Sunday June 3 to Thursday

June 7, 2018 -- 4 nights, 5 days. The accommodations are in the Housekeeping Camp and occupancy is two people per unit. This experience usually fills up very quickly. Breakfast and lunch are each individual's responsibility. We have a HAPPY HOUR every night, each person brings their own beverage and snacks. Dinner & Campfire: This is the time when we socialize and is great fun with a varied menu and different groups cooking each night. Cost of dinners is about \$40/person for 4 nights and we have great meals and plenty of food. Many members choose to attend a breakfast buffet (optional) at the Yosemite Majestic Hotel, (formerly the Ahwahnee) on Thursday morning, prior to our departure, a wonderful tradition, in their beautiful dining room which we have been doing for many years. We have our planning meeting in January in Walnut Creek to plan and discuss meals and hiking etc. An email will be sent in December to announce location, date & time. To reserve your Housekeeping Camp unit send your initial deposit of \$125/person, \$250/unit payable to "Howie Herskowitz" and mail to: 172 Santa Rosa Ave, Oakland, CA 94610. Please include names, addresses, email, and phone numbers of participants. Your final payment will be due at our January meeting. This is a Hikanbyke event. Your membership MUST be current to attend. You can join Hikanbyke on this web page:

<http://hikanbyke.org/MembershipPrint.pdf>

For more information please email: Howie Herskowitz or Melinda Oliver: howie@itsolutions.net melinda.j.oliver@gmail.com

May - June Events

East Bay Wednesday Ride

Rides generally start at Heather Farm Park at 10:00 AM. Rides are posted on the Hikanbyke Google groups. For specific ride information, contact

Joan at joanmfriedman@aol.com or 925-216-7833 or Trish thewison@att.net, 925-212-7047.

Lake Merritt Walk & Dinner

Wednesday May 3 5:30 PM
Niels Povlsen [\(510\) 375-1521](tel:(510)375-1521)
Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant, after our walk.

Lafayette Reservoir Walk

Friday, May 5, 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Spring/Summer weather is finally here. But watch for any last minute cancellations due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Sunday Afternoon Piano Concert in El Sobrante

Sunday May 7 2:00 P.M.
Our next piano concert features Adam Swanson, for his first appearance at our home concerts. Adam is a featured performer and lecturer at ragtime and jazz festivals across the country and hosts an annual ragtime festival in Durango, Colorado. He is a 4 time winner of the World Championship Old Time Piano Playing Contest and has performed at Carnegie Hall. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission. Advanced registration is required. The cost of the concert is \$25.00 to cover the musician's fee and refreshments. To register-send a check with your e-mail address to John Ulrich, 4184 Garden Lane, El Sobrante, Ca. 94803. The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early-doors close promptly at 2PM. For more information, contact Blanche at (415) 665-1135 or blanchek@sbcglobal.net

Lafayette Reservoir Walk

Friday, May 12 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Spring/Summer weather is finally here. But watch for any last minute cancellations due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Living History Days in Sonoma

Saturday May 13 9:00 am
Don & MaryAnn Acamo [925-899-5030](tel:925-899-5030)
Please join us for Living History Days at the Petaluma Adobe State Historical Park. This is where General Vallejo had his rancho. The event will go from 10am to 4pm with a \$3.00 admission. This will be a fun day reliving California History as we will meet Vaqueros, Traders, Cooks, Craftman & women plus others who lived in old California. There will also be dances & games. Please bring a picnic lunch. This is RSVP event and we will gather at our home for carpooling.

Pot Luck and Singalong

Saturday, May 13 6.30 PM
Montclair District, Oakland,
John Murrell [\(510\) 339-1263](tel:(510)339-1263)
John and the gang are once again hosting another of the popular potluck musical evenings at John's house in the Montclair district of Oakland. Song books will be provided which include over 450 songs of all genres. Don't worry if your voice is not that great, we are here to have fun. You will be accompanied by one or more guitar players to lead the group with tunes chosen. Bring a potluck dish to share and the beverage of your choice if you plan to join the potluck. If your last name begins with A-G bring an salad, H-P bring a entree, Q-Z bring desert, and your own beverages. If you are not sure what to bring, entrees are always a good choice. Also a musical instrument if

you have one. Please note that there will be a three dollar charge to cover the cost of paying for professional cleanup help after the event, and for plates, cutlery and glasses, and song books. Address; 6175 Snake Rd, Oakland. Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park Bl and turn left to Mountain Bl, go left again on Mountain Bl about three blocks and turn right onto Snake Rd at the light. From Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful, Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have missed the turn. The house is 1/2 mile up on the left opposite Drake St.

Briones Highlands Hike, 2B +/-

Sunday May 14 9:45 AM
Charlie cju2 at sbcglobal dot net
Ginny vbruski at sbcglobal dot net
Stan swong522 at sbcglobal dot net
Rescheduled due to being rained out back in Feb (and yes, I know it's Mother's Day but we should be finished by lunchtime). Weather willing let's do a fairly short morning hike (4-5 miles). Our route will take us up to Briones Peak where we may see remnants of fog around the lower hills in the area, and then back via a little known side trail. There is one good uphill climb on this route, plus some smaller ups and downs. Rain or rain within a few days will cancel this due to the deep mud that forms on parts of this route. Directions: Hwy 4 to the Alhambra Ave. exit. Go South for 1/2 mile and turn right on Alhambra Valley Rd. Follow a couple of miles to the end. Turn right (still on Alhambra Valley Rd) for 500 ft., then left on Old Briones Rd. Drive up to the end (narrow windy road) and park at the trailhead. There is a bathroom, water, and no fees here!

Book Group Discussion and Potluck

Thursday May 18 6:30 PM
Nancy [925-930-0133](tel:925-930-0133)
In Amor Towles A Gentleman in Moscow Count Rostov in 1922 is deemed an unrepentant aristocrat by a Bolshevik tribunal and sentenced

to house arrest in the Metropol, a grand hotel. Rostov, an indomitable man of erudition and wit, has never worked a day in his life, and now must live in an attic room while some of the most tumultuous decades in Russian history are unfolding outside. Unexpectedly, his reduced circumstances provide him a doorway into a much larger world of emotional discovery. Call for directions

Bay Trail / E-ville / Point Richmond

Friday May 19 9:45 a.m.
[1 / TM / 35](#)

Meet at [Berkeley Aquatic Park](#) (the South end of Bolivar Drive near restrooms) @ 9:45 a.m. for a 10:00 a.m. start. We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory ship, Miller-Knox Park, Ferry Point Tunnel, & lunch @ Little Louie's. There will be an option to bypass the tunnel. Ride co-leaders:
Arleen sakamo2@yahoo.com and Ken (510) 530-8389 (home).

Hikanbyke Cocktail Party

Sunday May 21 5:00 pm
Don & Maryann Acamo
This will be a special event for our club and we are asking all of you to bring a previous member or prospective member. This is an RSVP event. We will need your name as well as the name of your guest. Please email me with this information at dacamo55@hotmail.com We will be making different color name tags and will have membership forms available. Please encourage your guest to bring \$10.00 for our annual membership fee. This will be a great opportunity for members to reach out and bring someone who is no longer a member or bring someone new. Members are asked to bring a hardy appetizer for themselves and their guest. We will be supplying a non-alcoholic beverage, and dinner ware.

Lafayette Reservoir Walk

Friday, May 26, 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk

up. Fee - credit cards or coins - parking at the top. Spring/Summer weather is finally here. But watch for any last minute cancellations due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Mt. Diablo Waterfall Hike (2B)

Sunday May 28 10:00 a.m.
Niels Povlsen [\(510\) 375-1521](tel:510-375-1521)
Waterfalls are rare on Mt. Diablo, so come see them now before they dry out! This year they should be the BEST we've ever seen. There are three, up to 100 feet high! This should be a great time for taking in the astounding display of wildflowers and just enjoying the colorful rock formations along the way. We will have 2 options for this hike. Each will be great. 1) the traditional counter clockwise loop route. 2) Because of surge warnings I'm going to get to the waterfalls going clockwise & returning the same way, avoiding a couple of steeper pitches. Meet us at the trailhead at 10:00 wearing your boots and carrying your lunch. Directions: Take Ygnacio Valley Rd. from I-680, Walnut Creek out to Clayton Road (approx. 8 mi.). Turn right on Clayton Rd., follow it to the town of Clayton. Turn right on Marsh Creek Road for about a mile. Turn right on Regency Drive and drive to the dead end, with parking on the street beyond the last houses. NO FACILITIES at the trailhead. There is one just before you turn right on Regency Drive. Take a left in to the ball field.

Memorial Day BBQ Picnic Heather Farm Park, Walnut Creek

Monday May 29 12 noon
Patrick Perez [\(925\) 915-9554](tel:925-915-9554)
patrick.perez.g4@gmail.com
Join us for this great BBQ picnic. I will have an area reserved for our group. We will be in the area that is near the San Carlos Drive parking lot. It will be easy to walk to the picnic site from where you park. I will have blue balloons and a Beachcomber banner to mark the location. I will have my cell phone with me in case you get lost. I will provide the coals, utensils, lemonade

and hot dogs to grill. Bring your side dish, grill item, and beverage of choice. If you need to go to a store to purchase your food or beverage, there is a shopping center on the corner of Ygnacio Valley Road and San Carlos Drive. They have a great variety of food items and supplies for the picnic. I will have 2 tables in the shade to keep your food cool. If it is warm that day, bring a swim suit for the pool nearby. There is a beautiful rose garden on the west side of the pond to enjoy as well. Directions: The park is located on North San Carlos Drive which intersects with Ygnacio Valley Road. Our location will be on the corner of Heather Drive and North San Carlos Drive. Our location will be next to the swimming pool parking lot. However, it will be easier to park across from our site that is more ample parking and is closer

Alamere Falls Hike

Tuesday May 30, 8:30am

Don & MaryAnn Acamo, [925-899-5030](tel:925-899-5030)

This is a wonderful hike with amazing views and the waterfalls will be full. We have had a really good year and now is the time to enjoy it. We will hike along the Marin coast line with spectacular views of the ocean and on a clear day you can see the Farallon Islands. The trail head will lead us into a forest and past two lakes, Bass and Pelican. We will have lunch at the falls, which will be flowing pretty good. Some of us might want to climb down to the beach and get a chance at some awesome photographs. Afterwards we will head back to Stinson Beach where we can have dinner at the Park Side Café. This is an RSVP event. Don [925-899-5030](tel:925-899-5030)

Lafayette Reservoir Walk

Friday, June 2, 9:30 AM

Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Spring/Summer weather is finally here. But watch for any last minute cancellations due to weather. We regroup after the walk for drinks, treats & conversation in

the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Anthony Chabot Park Hike 2B

Saturday June 3 10:00 am

Jon Heinson. (925) 899-2953

Join us for a pleasant hike around Lake Chabot in the Anthony Chabot Regional Park. This hike includes the Columbine trail which runs along the backside of Lake Chabot. Bring lunch and water. Bring something to share if you wish. Lunch will be at the amphitheater in the campground. The hike is 9 miles, although not strenuous elevations. Directions: we meet at the Boat Marina. Parking is \$5 or free on the street outside the park. From Oakland area take 580 south or from east bay Concord area 680 to 580 west. Take last Hayward exit (Strowbridge) from east or first if from west. Proceed north to Castro Valley Blvd then right turn. A few blocks down turn left as per signage to the park.

Lake Merritt Walk & Dinner

Tuesday June 6 5:30 PM

Niels Povlsen [\(510\) 375-1521](tel:510-375-1521)

Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant, after our walk.

Alameda Creek Trail Bike Ride 1A

Saturday June 10 10.00 AM

Niels Povlsen [510-375-1521](tel:510-375-1521)

We'll meet at the Union City Bart Station located on Union Square near the corner of Niles Alvarado Rd and Decoto Rd. at 10.00 am. From there we'll ride along scenic Alameda Creek out to the Bay and part of the shoreline until we arrive at the National Wildlife Refuge for lunch. After lunch, may explore the Visitor Center before our return. Trip length is an mostly flat 25 miles. Helmets are required. Water and a spare inner tube are recommended. Afterwards, we may stop at the Pizza/Beer Parlor in downtown Niles for refreshments. Directions; from Hwy 680 south, take the Sunol exit and follow Hwy 84 west through Niles Canyon until you come to Mission Bl, turn right and continue to

Decoto Rd, turn left and continue to Union Square on the left just before Alvarado Niles Bl. From Hwy 880, take Alvarado-Niles Bl east, continue about 3 miles in a straight line and turn left at Union Square, just past Decoto Rd.

Trails Challenge bike ride

Martin Luther King Regional Shoreline Bike Ride (1T19)

Saturday June 17 09:45 AM

Charlie cju2 at sbcglobal dot net
Stan Swong522 at sbcglobal dot net
Sheri sher-beth at sbcglobal dot net
A repeat of a previous ride because this trail is back again in this year's Trails Challenge! If you want a cool ride in the summer with fantastic views, then this is the one. This is an easy and nearly flat bike ride, about half on paved trails free of traffic and nearly all with bay front views! And we have short cuts if 19 miles is too much. We'll follow the ML King path around the San Leandro Bay and then shoot down to the San Leandro Marina where you can almost reach out and touch the jets landing at OAK. We'll return via the Oyster Bay regional shoreline bike path and then circle Bay Farm Island, completing our loop by crossing over to Alameda briefly before completing our loop back to the start. See:

<http://www.regionalparksfoundation.org/document.doc?id=263> for a description and map.

Driving Directions: We begin at the Tidewater Boating Center. From I-880 in Oakland take the High St. exit and drive west towards the bay. Just before the High St. Bridge, turn left on Tidewater Avenue. Look for the Tidewater Boating Center sign 1/8 mile ahead on the right. Turn right and continue to the end of the street. There is no charge for parking, there are restrooms and water. Note, the start of this ride is only a short distance from the Fruitvale BART station. If you need cycling directions, pls email Charlie.

Book Group Discussion and Pot Luck

Thursday, June 22 6:30 PM

Jean [510-534-5686](tel:510-534-5686)

In Erik Larson's De ad Wake a luxury liner as richly appointed as an English country house sailed out of New York, bound for Liverpool,

carrying a record number of children and infants. Germany had declared the seas around Britain a war zone and for months its U-boats had brought terror to the North Atlantic. As a U-boat and the great ocean liner make their way towards Liverpool, an array of forces -- hubris, a chance fog, a closely guarded secret, and more --all converge to produce one of the greatest disasters in history and propel the U.S. towards a world war. Call for directions

Lafayette Reservoir Walk

Friday, June 23, 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Spring/Summer weather is finally here. But watch for any last minute cancellations due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Lake Lagunitas & Lake Bon Tempe Figure 8 - Seven Mile Hike

Saturday June 24 10:00 AM
Niels Povlsen [510-375-1521](tel:510-375-1521)
Experience beauty, adventure, and variety on this hike. Tucked beneath the northwest flanks of majestic Mount Tamalpais, a duo of the Bay Area's loveliest lakes are situated in oak-wooded canyons. We'll start with L-shaped Lake Lagunitas, certainly the tiniest lake on this hike, then explore the shoreline of Bon Tempe Lake, as wide as it is long. We'll be treated to plenty of views of Mount Tamalpais while wandering through oak woodland, grassland, moist forest, and dry chaparral to reach serpentine knolls laden with spring wildflowers. The lakes are stocked with trout, which augments the osprey population and ensures fishing pole sightings. Deer and raccoons are numerous, plenty of bobcats and foxes keep hidden, and coyotes sometimes howl at night. We'll stop at the picnic tables between the lakes for another

fabulous H&B potluck. Bring food/drink to share. And as a bonus - the picnic tables are along the Lake Lagunitas parking lot (where we will park) so we won't have to carry the food/drink. Directions: : Go across the Richmond/San Rafael Bridge. Head north on Highway 101. Take the Central San Rafael exit. Turn left on Third Street. 2. Stay on Third. It will turn into Sir Francis Drake Blvd. 3. Stay on Sir Francis Drake until you get to the Fairfax town limits. 4. Turn left immediately after the gas station at Pacheco Ave. 5. Turn right onto Broadway Blvd. 6. At the next stop sign turn left onto Bolinas Road. 7. Continue on Bolinas Road approximately 1½ miles (you will pass the Deer Park Villa restaurant). 8. At 700 Bolinas Road there is a wooden sign on your left saying "Lake Lagunitas." Turn left at the sign onto Sky Oaks Road. 9. Go up approximately 1/4 mile and Sky Oaks Watershed Headquarters is on the left at the crest of the hill. (If you miss the Sky Oaks Road turn-off and you get to the Meadow Club golf course you have gone too far.) Bon Tempe Reservoir is about ½ mile past the entrance gate. Lake Lagunitas is about 1½ miles past the entrance gate. After about one mile, you will come to a long straightaway and T-intersection. Turn right at the intersection; within 100 yards you will be at the Lake Lagunitas parking area. Carpooling advised: Last I checked the parking fee was \$8.00 (bring exact change)

Lafayette Reservoir Walk

Friday, June 30, 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Spring/Summer weather is finally here. But watch for any last minute cancellations due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.

Please check one: New Membership Renewal (for renewals, only list any information that has changed)

Name: _____

Mailing Address: _____

City/State: _____ Zip: _____

Primary Phone: () _____ Other Phone: () _____

Internet email address: _____

Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount.

Regular (paper, mailed) = \$22/Yr.

Green (email delivery) = \$10/Yr. * An email address is required

Hikanbyke distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes No Your Email Address? Yes No

I enjoy the following: Hiking/Walking Cycling Camping Backpacking DH Skiing XC Ski

Tennis Running Other (please specify) _____

Hikanbyke
1201 Brickyard Way, #111
Point Richmond. CA 94801

Place stamp
here

Do NOT send renewals to above address



Address Correction Requested

Check the **expiration date** on your mailing label
If within 3 months, please **renew promptly**.