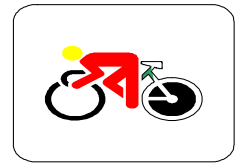


March April 2018



# Hikanbyke Highlights

## **MEMBERSHIP POLICY**

**Regular member** (hard mailed newsletter) **\$22/year**. **Green member** (on-line newsletter) **\$10/year**.

NOTE – hardcopy newsletter cost may vary as printing/ mailing costs increase

To submit events for the next issue of the newsletter:

**Deadline** for next issue: April 18.

### **By E-mail:**

FriedmanJM43@gmail.com

**Include:** Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

## **Membership**

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application (at the back of this newsletter), or download from [http://www.hikanbyke.org/MembershipPrint.pdf/](http://www.hikanbyke.org/MembershipPrint.pdf) and forward with your check.

Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

**Hikanbyke Web Site:**  
<http://www.hikanbyke.org>

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

## **STATEMENT OF PURPOSE**

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

## **Club Coordinators**

### Membership / Missing Newsletters:

Charlie Uhlman (925) 370-1123  
Email: cju2 at sbcglobal dot net

### Special Events:

Rebecca Mallon (925) 933-8033  
Email: rmallon2 at AOL dot com

### Treasurer:

Niels Povlsen (510) 375-1521  
Email: Hikanbyke at gmail dot com

### Newsletter Compiler:

Joan Friedman (925) 937-0233  
Email FriedmanJM43 at gmail dot com

### Webmaster

Ed Myers Ed at Myers-Clan dot com



## **Event leader Information:**

Event Leaders are encouraged to carry a **mobile phone** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

**EMAIL LIST:** Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, un-subscribe yourself when you wish to leave the list, and update your email if you change your email !

For more help and to read our policy, visit our website:  
<http://www.hikanbyke.org/>

**TO SUBSCRIBE** to the list, simply send an email to Hikanbyke+subscribe@googlegroups.com What is in the subject or body of the email is irrelevant. You should receive a confirmation email.

Once you are subscribed, you may post to the list.

**TO POST A MESSAGE**, send an email to Hikanbyke@googlegroups.com You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

**TO UNSUBSCRIBE** from the list, send an email to Hikanbyke+unsubscribe@googlegroups.com You should receive a confirmation email.

## Bicycle Ride Rating System

<u>GRADE</u>	<u>PACE</u>
1-Flat	L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle	T-Touring: 10-13 MPH, regroup stops
3-Rolling	M-Moderate: 13-16 MPH, occasional regroup
4-Some Steep	B-Brisk: faster pace may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

## Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles	A-Less than 1,000 ft.
2-6 to 10 miles	B-1,000 to 2,000 ft.
3-10 to 15 miles	C-2,000 to 3,000 ft.
4-15+ miles	D-Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

## **EDITOR'S CORNER**

### H&B Policy Meeting

Thursday, January 11, the annual policy meeting was held at the home John & Dana Hannum. Following a potluck dinner, the business meeting was held. Discussion items included the financial report, membership report, special events (picnic and Holiday party) report. Other items included renewal of the Memorial Bench and the possibility of monthly newsletters rather than bi-monthly. Direct any questions to club coordinators.

### Kick Off- 2018 Thank You Leaders

Thanks to the leaders who got the year off to a good start. Niels was lucky again with perfect weather for the New Year's Day hike - along the waterfront and into the Presidio - in San Francisco. 18 H & B ers went by train with Stan on his annual Free Museum Day in Sacramento. It was another lucky sunny day there. Movie Day, Downtown lunch, Super Bowl Party, Piano concert were new events. The regular bike rides, hikes, book discussions, sing-along completed the list.

Niels Povlsen	Ariane Franc
Rebecca Mallon	Arleen Sakamoto
Ken Karda	John/Dana Hannum
Jon Heinson	Helen Herzberg
Don Acamo	MaryAnn Acamo
Judy Sutherland	John Murrell
Pat Perez	Stan Preftokis
Blanche Korfmacher	Jean Tokarek

## New Monthly Newsletter

Starting April, Joan Friedman will be taking over compiling the newsletter for Hikanbyke. She will be sending out a monthly newsletter rather than two months. The hope is that more leaders will submit events since they will not have to commit two months in advance. She will re-issue the April newsletter in the new format, hoping that some new leaders will add events. Send your future write ups to FriedmanJM43@gmail.com.

## **Future Events**

### Wild Flower Weekend

March 23 - March 25  
Don & Maryann Acamo  
[925-899-5030](tel:925-899-5030)

Join us for our Wild Flower Weekend in Nevada City. There will be happy hours, Off Broad Street Plays, Group dinner, Wild Flower hike and more. We will be staying at the Northern Queen Inn in Nevada City. We have 3 cabins & 2 Chalets. They both have queen size bedrooms, front room with couch which will make into a bed, electric fire place, Kitchen with stove top, frig, micro wave, & outside deck. Cabins are \$119.per night and Chalets are \$129 Per night. Call the Northern Queen Inn if you would like to join us at [530-265-5824](tel:530-265-5824) mention you would like to join the Acamo/Hikanbyke Group. After reservation call me at [925-899-5030](tel:925-899-5030). \$25.00 extra for the musical, pay by check to me

## **March – April Events**

### East Bay Wednesday Ride

Rides generally start at Heather Farm Park at 10:00 AM. Rides are posted on the Hikanbyke Google groups. For specific ride information, contact Trish [thewison@att.net](mailto:thewison@att.net), [925-212-7047](tel:925-212-7047).

### Lafayette Reservoir Walk

Friday March 2 9:30 AM  
Our spring walks will still be dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee at the meter or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca 925-933-8033 home or 925-323-3579 cell

### Food and Flick, Sweet Tomatoes, Pleasant Hill

March 3 Saturday 6:00 p.m  
Patrick Perez (925) 915-9554  
[patrick.perez.g4@gmail.com](mailto:patrick.perez.g4@gmail.com)  
What better way to spend a Saturday evening than with a dinner and a movie with your single friends! We will meet at Sweet Tomatoes at 40-A Crescent in downtown Pleasant Hill. Don't forget to bring your Sweet Tomatoes coupons with you to share for a reduced price for dinner. You will find us sitting just inside. Before dinner, we should decide what to see from the Century Theater that's down the street. Since some movies sell out early it is advisable to purchase our tickets early to avoid our movie choice is sold out. Directions: Take highway 24 EB to NB 680, exit at Contra Costa Blvd. Turn left at the light at Boyd, then go one block to Crescent and make a right. Half block to the parking garage and enter. Parking is free. Exit the parking lot and go past the theater 2 blocks to the restaurant.

### Lake Merritt Walk & Dinner

Wednesday March 7 5:30 PM  
Niels Povlsen [\(510\) 375-1521](tel:510-375-1521)  
Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant, after our walk. I am thinking of doing Taco Tuesday at the Lakehouse on Lake Merritt.

### **Book Group Discussion and Pot Luck**

Thursday March 8\* Noon  
Pat [925-735-8064](tel:925-735-8064)  
Frank [925-930-0133](tel:925-930-0133)  
In Martha Kelly's The Lilac Girls the lives of three women, a New York socialite posted in the French Consulate, a Polish teenager who becomes a courier for the resistance, and a German doctor who accepts a position in a concentration camp, are set on a collision course by the invasion of Poland in 1939. Call for directions

### **Lafayette Reservoir Walk**

Friday March 9 9:30 AM  
Our spring walks will still be dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee at the meter or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell

### **Off The Grid at OMAC**

Friday March 9 5:00 p.m.  
Don & Maryann Acamo  
A new event for us all to enjoy together. The Oakland Museum of History always has fabulous displays and a lot to see and learn. On Friday night the Museum is half price from 5pm to 9pm. We will also join in on the festivities with Off The Grid. There will be music, dance lessons, food truck, art exhibits and more.. We will meet at our home at 4pm and take the WC BART train to Lake Merritt station and walk two blocks to the OMCA. This is a RSVP Event. Please email me at dacamofiftyfive at Hotmail dot com.

### **Briones/Alhambra Creek Hike 2B**

Saturday March 10 10:00 AM  
Jon Heinson [\(925\) 899-2953](tel:925-899-2953)  
About half of this trail (approx. 8 miles total) is shaded and the rest exposed to sun. We proceed along Alhambra Creek and go up a steady climb to the top. A strong beginner should be fine for this hike. At top of hill we pass through a fence and down into a valley and back up. About 3/4 there are full restrooms and water station. Need to drink a lot

of water. At the end of hike we stop for lunch approx. 1:00 in picnic area near parking. Parking can cost \$5 sometimes Directions: Hwy 680. Take Pleasant Hill exit, go straight ahead to Gregory and turn left. Gregory becomes Greyson. Follow to the end at cemetery and turn right on Reliez Valley Road. A couple of miles turn left into Briones Reginal Park at Alhambra Staging Area.

### **Alameda Creek Trail Bike Ride 1A**

Saturday March 11 10.00 AM  
Niels Povlsen [510-375-1521](tel:510-375-1521)  
We'll meet at the Union City Bart Station located on Union Square near the corner of Niles Alvarado Rd and Decoto Rd. at 10.00 am. From there we'll ride along scenic Alameda Creek out to the Bay and part of the shoreline until we arrive at the National Wildlife Refuge for lunch. After lunch, may explore the Visitor Center before our return. Trip length is a mostly flat 25 miles. Helmets are required. Water and a spare inner tube are recommended. Afterwards, we may stop at the Pizza/Beer Parlor in downtown Niles for refreshments. Directions; from Hwy 680 south, take the Sunol exit and follow Hwy 84 west through Niles Canyon until you come to Mission Bl, turn right and continue to Decoto Rd, turn left and continue to Union Square on the left just before Alvarado Niles Bl. From Hwy 880, take Alvarado-Niles Bl east, continue about 3 miles in a straight line and turn left at Union Square, just past Decoto Rd.

### **Lafayette Reservoir Walk**

Friday March 16 9:30 AM  
Our spring walks will still be dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee at the meter or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell

### **Bay Trail / E-ville / Point Richmond 1/TM/35**

Friday March 16 9:45 a.m.  
Arleen Sakamoto  
[Sakamo2@Yahoo.com](mailto:Sakamo2@Yahoo.com)  
Kenneth Karda [\(510\) 530-8389](tel:510-530-8389)  
Meet at 9:45 am for a 10:00 am start  
Start Location: [Berkeley - Aquatic Park Playground](#)  
We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory Ship, Miller-Knox Park, Ferry Point Tunnel & lunch @ Little Louie's. There will be option to bypass the tunnel.

### **St. Mary's College Museum of Arts Exhibit and Lunch**

Friday, March 16 11:30 AM  
Ariane Franc [\(925\)954-8797](tel:925-954-8797)  
[12agfranc@gmail.com](mailto:12agfranc@gmail.com)  
The Museum is reopening after a six month brake for renovation and update. I expect the new exhibit "Darker shades of Red Soviet Propaganda-Posters from the Cold War" to be quite exciting. There also is a permanent collection of paintings by W, Keith, depicting California. This small, compact museum always is showing interesting pieces not seen other places. The cost is \$5. After the visit, we will have lunch in nearby Moraga (optional). This event is opened to other groups. Directions: Please "google" the directions. St Mary's College address is [1298 St Marys Rd, Moraga CA, 94575](http://www.stmaryscollege.edu). Ask for a map to the Museum and a parking pass at the gate. We will meet in front of the museum.

### **Sunday Afternoon Piano Concert in El Sobrante**

March 18 2:00 P.M.  
Our next piano concert features Vincent Matthew Johnson from southern California, for his first house concert in the Bay area. He'll play ragtime and novelty tunes as well as some of his own compositions. he regularly performs at festivals and clubs throughout California. You will be amazed by this talented young musician. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission and break out the champagne after the concert. Advanced registration is required. The cost of the concert is



\$25.00 to cover the musician's fee and refreshments. To register-send a check with your e-mail address to John Ulrich, [4184 Garden Lane, E Sobrante, Ca. 94803](mailto:4184 Garden Lane, E Sobrante, Ca. 94803). The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early-doors close promptly at 2PM. For more information, contact Blanche at (415) 665-1135 or [blanchek@sbcglobal.net](mailto:blanchek@sbcglobal.net)

### **Koffee Klatch**

Wednesday March 21 9:30 AM  
Rose (925) 930-9407  
Ann (925) 938-9172  
NOTE NEW TIME Please join us at Noah's Bagels in Walnut Creek at [1930 Mt. Diablo Blvd/cross street Alpine Road \(stop light\)](mailto:1930 Mt. Diablo Blvd/cross street Alpine Road (stop light)) There certainly is a large selection of bagels along with fancy coffee drinks. Look forward to catching up. FREE PARKING

### **Lafayette Reservoir Walk**

Friday March 23 9:30 AM  
Our spring walks will still be dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee at the meter or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca 925-933-8033 home or 925-323-3579 cell

### **Pot Luck and Singalong**

Saturday March 24 6.30 PM  
Montclair District, Oakland,  
John Murrell [\(510\) 339-1263](mailto:(510) 339-1263)  
John and the gang are once again hosting another of the popular potluck musical evenings at John's house in the Montclair district of Oakland. Song books will be provided which include over 450 songs of all genres. Don't worry if your voice is not that great, we are here to have fun. Tonight's theme will include selecting songs recently added to the song books. You will be accompanied by one or more guitar players to lead the group with tunes chosen. Bring a potluck dish to share and the beverage of your choice if you plan to join the potluck. If your last name begins with A-G bring an salad, H-P bring an entree, Q-Z bring

desert, and your own beverages. If you are not sure what to bring, entrees are always a good choice. Also a musical instrument if you have one. Please note that there will be a three dollar charge to cover the cost of paying for professional cleanup help after the event, and for plates, cutlery and glasses, and song books. Address; [6175 Snake Rd. Oakland](mailto:6175 Snake Rd. Oakland).

Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park Bl and turn left to Mountain Bl, go left again on Mountain Bl about three blocks and turn right onto Snake Rd at the light. From Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful, Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have missed the turn. The house is 1/2 mile up on the left opposite Drake St.

### **Wildflower Weekend Nevada City**

MARCH 23 -25

Don & MaryAnn Acamo Cell: [925-899-5030](mailto:925-899-5030)

About the weekend: Friday Night: Pot-luck happy hour in our cabin. Musical at the Off Broad Street Theater "Sweet Nothings \$25.00". Saturday, after breakfast we offer a couple of options. Hike the Edward Crossing Trail, with lunch on the river. Explore the Empire Mine in Grass Valley, or visit the Malakoff Diggins State Park. Saturday night we will have our group dinner at a Italian restaurant Cirino's in Grass Valley. Sunday, after breakfast, we will drive to Bridgeport, walk across the historical bridge and view the display of wild flowers along the Yuba River.

### **Lafayette Reservoir Walk**

Friday March 30 9:30 AM  
Our spring walks will still be dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee at the meter or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca 925-933-8033 home or 925-323-3579 cell

### **Martin Luther King Regional Shoreline Bike Ride (1T19)**

Saturday March 31 10:00 AM  
Niels Povlsen 510-375-1521  
Diane Savard 925-864-7141

If you want an easy ride with fantastic views, then this is the one. This is an easy and nearly flat bike ride, about half on paved trails free of traffic and nearly all with bay front views! And we have short cuts if 19 miles is too much. We'll follow the ML King path around the San Leandro Bay and then shoot down to the San Leandro Marina where you can almost reach out and touch the jets landing at OAK. We'll return via the Oyster Bay regional shoreline bike path and then circle Bay Farm Island, completing our loop by crossing over to Alameda briefly before completing our loop back to the start. See:

<http://www.regionalparksfoundation.org/document.doc?id=263> for a

description and map. Driving Directions: We begin at the Tidewater Boating Center. From I-880 in Oakland take the High St. exit and drive west towards the bay. Just before the High St. Bridge, turn left on Tidewater Avenue. Look for the Tidewater Boating Center sign 1/8 mile ahead on the right. Turn right and continue to the end of the street. There is no charge for parking, there are restrooms and water short distance from the Fruitvale BART station.

### **Lake Merritt Walk & Dinner**

Tuesday April 3 5:30 PM  
Niels Povlsen [\(510\) 375-1521](mailto:(510) 375-1521)  
Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant, after our walk. I am thinking of doing Taco Tuesday at the Lakehouse on Lake Merritt.

### **Palo Alto - Stanford - Woodside - Crystal Springs Bike Ride (3A/B25+)**

Sunday April 8 10:00 AM  
Niels Povlsen (510) 375-1521  
We'll begin our ride in Palo Alto, cruise through the beautiful Stanford campus, and meander up to Woodside where we can buy lunch at one of California's best delis. We

continue up Canada Road to the Pulgas Water Temple where we will enjoy our picnic lunches. This is a nice ride through some lovely countryside. Suitable for strong beginners. Bring water and helmet is required. Bring or buy food. Note, we have a new starting place with bathrooms. Meet us at the Alexander Peers Park at the corner of Stanford Avenue and Park Blvd. There is plenty street parking. Call Niels if you can't find us.

### **Lafayette Reservoir Walk**

Friday April 13 9:30 AM  
Our spring walks will still be dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee at the meter or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca 925-933-8033 home or 925-323-3579 cell

### **Rim Trail Lafayette Reservoir**

April 14 9:00 a.m.  
Carla den Dulk (209) 988-4265  
Hoping to catch the wild flowers join me to walk the Lafayette Reservoir Rim Trail with beautiful views of the area. Meet at the flag pole, call me if you need a ride from BART. Walking sticks helpful for the steep up hills, and bring water.

### **Tilden Lake Hike 2A**

Saturday April 14 10:00 AM  
Jon Heinson. (925) 899-2953  
This hike through the redwoods should be great for whatever the temperature is. It starts at the Brazilian Building, wanders through redwoods around Lake Anza, parallels a sleepy creek, and circles Jewel Lake. This hike is suitable for almost everyone. We stop halfway for a picnic at picnic tables. Please bring food and beverages with some to share. Directions: From hwy 80 - take University exit in Berkeley, travel east to Oxford to Rose; right on Rose to Spruce. On the top of hill cross intersection. Spruce becomes Wildcat Canyon Road; continue for 2 miles to the Brazilian Building and left. From hwy 24- exit Fish Ranch Road to Grizzly Peak Blvd; turn right

and continue to Golf Course Road; turn right to stop sign; right Shasta Road; Shasta dead ends into Brazilian Building parking lot.

### **Koffee Klatch**

Wednesday April 18 9:30 AM  
Rose (925) 930-9407  
Ann (925) 938-9172  
Hope you will return to Noah's Bagels in Walnut Creek for a bit of camaraderie along with enjoying their delicious bagels and fancy coffees. Look forward to seeing you on Wednesday. FREE PARKING

### **Lafayette Reservoir Walk**

Friday April 20 9:30 AM  
Our spring walks will still be dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee at the meter or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca 925-933-8033 home or 925-323-3579 cell

### **Napa to Oakville Bike Tour**

Saturday, April 21 10:00 a.m.  
Dick Duker (510) 705-2447  
Join us for a bike ride in Napa. This will be a ride of about 35 miles, so probably not for novices. The last 2/3 of the ride will be flat, but the early part has a 9 mile gradual incline followed by a rapid decline (Oakville Grade). We will stop to buy lunch in Yountville. Bringing a change of clothes will give you the option of a beverage stop after the ride. Bring: bicycle, pump, helmet, water, money. Meet: Dry Creek Park on Dry Creek Road in southern Napa at 10:00 am. Return: to cars by 4:00 pm. Directions: Take Hwy 29 north from Vallejo, exit from the freeway and go west on Trancas Redwood Road. After about a mile, turn right onto Dry Creek Road. A half mile later you will see the park on the right. Park on the street next to the park. There is an outhouse at the park. RSVP: at dduker2001@yahoo.com. If you are running late that day, you can call my cell at (510) 705-2447. Bring this sheet as it has my cell number which

could come in handy if you make a wrong turn on the bike ride.

### **Suisun Valley Bike Ride (Level 2B25-30)**

Sunday April 22 10:30 AM  
Niels Povlsen 510-3875-1521  
We will ride through the valley and stop for lunch at the Wooden Winery. This is an easy bike ride. Bring your pump, spare tube and liquids. Directions: Take I-680 north to I-80 east to the first exit (Suisun Valley Rd). Go north on Suisun Valley Rd about 1 mile to Solano College. We will meet in parking lot.

### **Sunday Afternoon Piano Concert in El Sobrante**

Sunday April 22 2:00 P.M.  
Our third piano concert of 2018 features David Thomas Roberts. While still in his 20's, David was described as one of the most important composers of his time, in America. He presents a diverse program of ragtime, early jazz, Creole and New World music for your enjoyment. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission and break out the champagne after the concert. Advanced registration is required. The cost of the concert is \$25.00 to cover the musician's fee and refreshments. To register-send a check with your e-mail address to John Ulrich, [4184 Garden Lane, El Sobrante, Ca. 94803](mailto:4184 Garden Lane, El Sobrante, Ca. 94803). The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early-doors close promptly at 2PM. For more information, contact Blanche at (415) 665-1135 or [blanchek@sbcglobal.net](mailto:blanchek@sbcglobal.net)

### **Book Group Discussion and Pot Luck**

Gretchen 510-530-3557  
Thurs. April 26 6:30 PM  
In Gail Honeyman's Eleanor Oliphant is Completely Fine a quirky yet lonely woman whose social misunderstandings and deeply ingrained routines could be changed forever if she can bear to confront the secrets she has avoided all her life. But if she does, she will learn that she too is capable of finding friendship and even love. Call for directions

### **Lafayette Reservoir Walk**

Friday April 27 9:30 AM

Our spring walks will still be dependent on weather reports. Rain will CXL a walk. Watch for alert the day of, or the day before. See you near the flagpole in the parking lot. Pay the fee at the meter or park free at the bottom of the hill. We always walk clockwise on the 2.7 mile paved path. And we always go for drinks and treats in the patio behind Noah's Bagels in Lafayette. See you there. Rebecca 925-933-8033 home or 925-323-3579 cell

### **Memorial Bench Hike 2A**

Saturday April 28 10:00 AM

Robert Bradley and Joanne Lagerstrom 925-335-0950  
Join us for a hike to our memorial bench where we will gather for our lunch and to remember the members of our club who have died. Be sure to wear boots, bring water and your lunch. If it rains, we will re-schedule the event. Call to get directions for our meeting place.

### **Rim Trail Lafayette Reservoir**

April 29. 9:00 a.m.

Carla den Dulk [\(209\) 988-4265](tel:(209)988-4265)  
Hoping to catch the wild flowers join me to walk the Lafayette Reservoir Rim Trail with beautiful views of the area. Meet at the flag pole, call me if you need a ride from BART. Walking sticks helpful for the steep up hills, and bring water.

### **Berkeley Indian Rock Urban Walk**

Sunday April 29 10:00 AM

Niels Povlsen [510-375-1521](tel:510-375-1521)

Join Niels as we continue the series of Urban Walks, featuring hidden stairways and walkways taking us through great neighborhoods in Berkeley and Oakland. This walk will take us into the Berkeley Hills above Solano Avenue, featuring iconic Indian Rock as well as other well-known Berkeley rock formations. The walk has wonderful views of the SF Bay Area. The walk encompasses several staircases & hidden walkways. The walk is a little over 4 miles and has about 300' of elevation. We can go to lunch along Solano Avenue afterwards if everyone wishes. We will meet at the corner of Los Angeles Avenue & The Alameda between Marin Avenue and Solano Avenue. It's right in front of North Brae Community Church.

**DIRECTIONS:** Coming from the Freeway (I-80 or I-580): Exit Albany/Buchanan Street and go up Buchanan Street which changes to Marin Avenue when it crosses San Pablo Avenue. Go up Marin Avenue about another mile until you reach The Alameda, where there will be a signal. Turn left onto The Alameda. Go right at the next street which will be Los Angeles Avenue. The chapel is on your left, the parking lot is behind it. You may also exit University Avenue in Berkeley and follow that east to Martin Luther King. Turn left there, Martin Luther King will turn into The Alameda after about a mile.

**HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION**

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

**Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.**

Please check one: New Membership  Renewal  (for renewals, only list any information that has changed)

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: (     ) \_\_\_\_\_ Other Phone: (     ) \_\_\_\_\_

Internet email address: \_\_\_\_\_

Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount.

**Regular** (paper, mailed) = \$22/Yr.

**Green** (email delivery) = \$10/Yr.  \* An email address is required

**Hikanbyke** distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes  No  Your Email Address? Yes  No

I enjoy the following: Hiking/Walking  Cycling  Camping  Backpacking  DH Skiing  XC Ski

Tennis  Running  Other (please specify) \_\_\_\_\_

Hikanbyke  
1201 Brickyard Way, #111  
Point Richmond. CA 94801

Place stamp  
here

**Do NOT send renewals to above address**



**Address Correction Requested**

Check the **expiration date** on your mailing label  
If within 3 months, please **renew promptly**.