

May June 2019



Hikanbyke Highlights

MEMBERSHIP POLICY

Regular member (hard mailed newsletter) **\$22/year**. **Green member** (on-line newsletter) **\$10/year**.

NOTE – hardcopy newsletter cost may vary as printing/mailling costs increase

To submit events for the next issue of the newsletter:

Deadline for next issue: June 21

By E-mail:

dlsavard at gmail dot com.

Include: Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

Membership

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application (at the back of this newsletter), or download from <http://www.hikanbyke.org/MembershipPrint.pdf> and forward with your check. Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

Hikanbyke Web Site:

<http://www.hikanbyke.org>

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

Club Coordinators

Membership / Missing Newsletters:

Charlie Uhlman (925) 370-1123
Email: cju2 at sbcglobal dot net

Special Events:

Rebecca Mallon (925) 933-8033
Email: rmallon2 at AOL dot com

Treasurer:

Niels Povlsen (510) 375-1521
Email: Hikanbyke at gmail dot com

Newsletter Compiler:

Diane Savard (925) 864-7141
Email DLSavard at gmail dot com



Event leader Information:

Event Leaders are encouraged to carry a **mobile phone** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

EMAIL LIST: Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our

website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, unsubscribe yourself when you wish to leave the list and update your email if you change your email!

For more help and to read our policy, visit our website:
<http://www.hikanbyke.org/>

TO SUBSCRIBE to the list, simply send an email to Hikanbyke+subscribe@googlegroups.com What is in the subject or body of the email is irrelevant. You should receive a confirmation email.

Once you are subscribed, you may post to the list.

TO POST A MESSAGE, send an email to Hikanbyke@googlegroups.com You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

TO UNSUBSCRIBE from the list, send an email to Hikanbyke+unsubscribe@googlegroups.com You should receive a confirmation email.

Bicycle Ride Rating System

<u>GRADE</u>	<u>PACE</u>
1-Flat	L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle	T-Touring: 10-13 MPH, regroup stops
3-Rolling	M-Moderate: 13-16 MPH, occasional regroup
4-Some Steep	B-Brisk: faster pace may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles	A-Less than 1,000 ft.
2-6 to 10 miles	B-1,000 to 2,000 ft.
3-10 to 15 miles	C-2,000 to 3,000 ft.
4-15+ miles	D-Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

EDITOR'S CORNER

A BIG Thank You to the Leaders in April

Without Leaders - we have no calendar. But I see many of the same leaders, same events. Summer is ahead - we need more events! That means more leaders! A new event that has become popular is the San Francisco City Guide Walks. All neighborhoods in SF are covered. All interests - architecture, history, cuisine, transportation, parks, cultures, arts. Every day you will find more than one guided walk offered in the city online brochure. It's SO easy to be a H&B Leader for this event. Just post it, show up and the SF guide does the rest. Did you know - Lead an event, Earn a free membership?

Nancy Nolte	Joanne Lagerstrom
Lynne Harris	Rebecca Mallon
Niels Povlsen	Diane Savard
Don Acamo	MaryAnn Acamo
Dave Sutton	Shoshana Williams
Ken Karda	Aleen Sakamoto
John Murrell	Jon Heinson

Membership Position Available

If you enjoy working with computers, programs and have a little time on your hands, have we got a solution for you: Hikanbyke is looking for someone to handle the membership responsibilities? If you are interested, contact Charlie at cju2 at sbcglobal dot net or 925-324-2731

BIG CHANGES TO THE NEWSLETTER and WEBSITE

At the February Policy Meeting it was decided that the Hikanbyke Newsletter and calendar should return to a two-month format. The new format will start in May with the May/June issue. Diane Savard will resume the editorship, so please send events to her at dlsavard at gmail dot com.

Our webmaster Ed Myers has made some improvements to the web site so it will also work correctly on an iPhone, iPad and with different size screens. Currently you will see links to the newsletter, calendar, and other informational items on the left side of the page in maroon. You will also see the same links across the top of the page in blue. Starting May 1, the maroon links on the left will go away. Any questions, email Diane.

Future Events

Car Camping in 2019

Calaveras Big Trees State Park

- Car Camping - 4 nights - originally planned for 3 July 8-12 · Mon - Fri (Co-sponsored with Solo Sierrans)

Enjoy camping adjacent to giant redwood trees just past Arnold in the Sierra foothills. Walk through some of California's best redwood groves, cool off in a nice creek, and hike a variety of trails. Optional day trip to Lake Alpine which we missed last year due to smoke. Flush toilets and coin operated hot showers. Each person is responsible for preparing one dinner meal along with others, and for providing your own breakfasts, lunches and happy hours. Campfire at night. 25 person limit so reserve early. Cost is

\$50/person + up to \$40 for your share of dinner food that you purchase. We may go out to dinner the last night and each pay our own tabs. Refunds if cancelling 3 or more weeks prior. **To reserve:** Send \$50 check MADE OUT TO SOLO SIERRANS to Dave Sutton, 3731 Barrington Dr, Concord 94518. PLEASE INCLUDE YOUR ADDRESS, EMAIL, HOME AND CELL PHONE #s. Carpooling encouraged.

Leader: Howard Herskowitz (510-658-1176) or howard@itsolutions.net
Co-leader Maurie Ange.

Lassen Volcanic Nat'l Park –

Lost Creek campground – Aug 26-30 - Mon - Fri (Co-sponsored with Solo Sierrans) (4 nights) - (possible change of campground, but will still be at Lassen)

Enjoy 4 nights of car camping at Lassen Volcanic National Park (247 miles from Oakland) which offers over 150 miles of hiking trails for all levels of ability. Discover the devastation of Lassen Peak's last eruption on the accessible trail at the Devastated Area, and explore Lassen's largest hydrothermal area on the Bumpass Hell trail. Vault toilets at our group camp; showers, swimming, fishing and kayaking at Manzanita Lake, 5 miles away. Each person is responsible for providing one dinner meal along with others and for providing their own breakfasts, lunches and happy hours. Campfire at night. Cost is \$50/person + up to \$40 for your share of dinner food that you purchase. 25 person limit so reserve early. Carpooling encouraged. Reservations up to 2 weeks prior to trip. Refunds if cancelling 3 or more weeks prior. Please send a \$50 check MADE OUT TO SOLO SIERRANS c/o Dave Sutton, 3731 Barrington Dr, Concord 94518. PLEASE INCLUDE YOUR ADDRESS, EMAIL, HOME AND CELL PHONE #s. Leader: Stan Wong. Contact Stan at swong522@sbcglobal.net (preferred) or 925-686-2046.
Co-leader: Diane Burke.

Hikanbyke Yosemite Experience 2020

Sunday June 7 to Thursday June 11, 2020 - 5 days/4 nights.

Howie Herskowitz --

howie@itsolutions.net

Melinda Oliver --

melinda.j.oliver@gmail.com

Our reservation for the Hikanbyke Yosemite Experience 2020 at Housekeeping Camp has been accepted. The accommodations, 12 units/24 members, are in the Housekeeping Camp and occupancy is two members per unit.

Housekeeping Camp is located on the valley floor. We are accepting reservations on a **unit basis only** first come first served. Cost of the trip is \$550 per unit plus the cost of shared dinners estimated at \$35-\$40/member. To reserve a unit, please make your check for \$275 (for 2 members) payable to: Howie Herskowitz and mail to: 172 Santa Rosa Ave., Oakland, CA 94610-1317.

Hiking, biking, photographs, art classes, valley tours, and hiking from Glacier Point and surrounding areas make this a wonderful experience. Housekeeping Camp is equipped with one double bed and pair of bunk beds. Electricity for small appliances but no refrigerators or other items which draw a lot of power. All food, beverages, and anything scented MUST be in a bear locker. This includes tooth paste, cosmetics, pills, etc. To see more info about Housekeeping Camp please browse to:

<https://www.travelyosemite.com/lodging/housekeeping-camp/>

Breakfast and lunch are each member's responsibility.

We have a HAPPY HOUR every evening at 5pm, each person brings their own beverage and snacks. HAPPY HOUR, Dinner & Campfire: This is the time when we socialize and is great fun with a varied menu and different group of 6 members cooking each night. Cost of dinner estimated cost is \$35-\$40/person for 4 nights and we have great meals and plenty of food. Many members choose to attend a breakfast buffet (optional) at the Majestic Yosemite Hotel, (formerly the Ahwahnee) on Thursday morning, prior to our

departure, a wonderful tradition, in their beautiful dining room which we have been doing each year.

Over 55 members have participated in this trip during the past 5 years and we always have a great time. Howie, Lynne, and Melinda have been leading this trip for the past 4 years and it always fills up quickly, so please get your reservations in early. We will have a wait-list as plans change and we will fill any openings from the waiting list.

We DO NOT issue REFUNDS. If you cancel your reservation, the member who takes your place will send you a check for your deposit. Please include names, home addresses, email, and phone numbers home & cell phones of participants. This is a Hikanbyke event. Your membership MUST be current to attend. You can join Hikanbyke on this web page: <http://hikanbyke.org/Forms.htm> Once you have made a reservation, we will send out more information. Questions, please email Howie or Melinda.

Annual Hikanbyke Picnic

CORRECTION! New Date Sept 7 - All Day

New 'Save the Date' All day - Sept 7 - Original post said Sept. 8. Our favorite site already booked. At the Annual Policy Meeting it was decided to hold the Annual H&B Picnic, returning to Miller Knox in Point Richmond. We were there the past 2 years. The bike riders enjoyed a nice ride - out and back - along the shoreline. There were 2 options for hikers and walkers. There are hiking trails directly behind the picnic site and there is an easy walk along the waterfront to WW II Home Front National Park. The Red Oak Victor4202 Alhambra Ave, Martinez, CA 94553y will be celebrating 75th anniversary in 2019. It's another interesting place to visit. We had great weather last year - overlooking SF and 2 bridges. Of course this is a POTLUCK!

This event is a perk of membership. Nonmembers are welcome to visit but will be encouraged to join for the low price of \$10 annual membership fee. This will allow attendance at the Holiday Party and Yosemite camping at the member rate. And of course welcomed at the next picnic.

SAVE THE DATE - Dec. 7, 2019

Mark your calendar. Annual H&B Holiday Party will - once again - be at Sycamore Clubhouse in Danville. It is a great way to kick off the Holiday Season with friends. A great price, great listening and dancing music, great food and drinks. More information will be posted as the date nears. As always, the committees welcome any help you can offer rmall2@aol.com

May Events

One Hour Walk and Talk

Tuesdays 9:15 AM
Nancy Nolte, Lynne Harris and/or Joanne Lagerstrom, 925-335-0950
Join us and a few other folks who have been walking on Tuesday mornings on the Iron Horse Trail. We meet at the parking lot just west of the Olympic Blvd. and Pleasant Hill intersection (the new round about) for a short walk west—30 minutes out and 30 minutes back. If you are joining us for the first time, please give Joanne a call to let her know you are coming.

East Bay Wednesday Rides

Rides generally start at Heather Farm Park at **10:00 AM** November through June. Rides are posted on the Hikanbyke Google groups. For specific ride information, contact Trish thewison@att.net, (925-212-7047).
Joan joanmfriedman@aol.com (925-216-7833)

Lafayette Reservoir Walk

Friday May 3 9:30 am
No 'official' leader, but feel free to show up near the flagpole for the 2.7 mile clockwise walk on the paved path. The regulars have been coming for a long time so you will probably find someone to walk with and maybe make a new friend!

John Muir House Tour and Hike Mt. Wanda

Tuesday May 7 1:30 pm
Diane Savard 925-864-7141
Join Diane at the John Muir House at 4202 Alhambra Ave, Martinez, CA 94553 at 1:30 to watch a 20 minute video about John Muir's life followed up at 2:00 p.m. with a one hour

docent lead tour of the house. At 3:00 p.m. for those who are up to it, we will walk one block to the trailhead of Mt. Wanda. The trail is approximately 2.4 miles long with an elevation gain of 538 feet.

Lake Merritt Walk & Dinner

Wednesday May 8 5:30 PM
Niels Povlsen 510-375-1521
Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant after our walk.

Lafayette Reservoir Walk

Friday May 10 9:30 am
No 'official' leader, but feel free to show up near the flagpole for the 2.7 mile clockwise walk on the paved path. The regulars have been coming for a long time so you will probably find someone to walk with and maybe make a new friend!

Lake Lagunitas & Lake Bon Tempe Figure 8 - Seven Mile Hike

Saturday May 11 10:00 AM
Niels Povlsen 510-375-1521
Experience beauty, adventure, and variety on this hike. Tucked beneath the northwest flanks of majestic Mount Tamalpais, a duo of the Bay Area's loveliest lakes are situated in oak-wooded canyons. We'll start with L-shaped Lake Lagunitas, certainly the tiniest lake on this hike, then explore the shoreline of Bon Tempe Lake, as wide as it is long. We'll be treated to plenty of views of Mount Tamalpais while wandering through oak woodland, grassland, moist forest, and dry chaparral to reach serpentine knolls laden with spring wildflowers. The lakes are stocked with trout, which augments the osprey population and ensures fishing pole sightings. Deer and raccoons are numerous, plenty of bobcats and foxes keep hidden, and coyotes sometimes howl at night. We'll stop at the picnic tables between the lakes for another fabulous H&B potluck. Bring food/drink to share. And as a bonus - the picnic tables are along the Lake Lagunitas parking lot (where we will park) so we won't have to carry the food/drink. Directions: : Go across the Richmond/San Rafael Bridge. Head north on Highway 101. Take

the Central San Rafael exit. Turn left on Third Street. 2. Stay on Third. It will turn into Sir Francis Drake Blvd. 3. Stay on Sir Francis Drake until you get to the Fairfax town limits. 4. Turn left immediately after the gas station at Pacheco Ave. 5. Turn right onto Broadway Blvd. 6. At the next stop sign turn left onto Bolinas Road. 7. Continue on Bolinas Road approximately 1½ miles (you will pass the Deer Park Villa restaurant). 8. At 700 Bolinas Road there is a wooden sign on your left saying "Lake Lagunitas." Turn left at the sign onto Sky Oaks Road. 9. Go up approximately 1/4 mile and Sky Oaks Watershed Headquarters is on the left at the crest of the hill. (If you miss the Sky Oaks Road turn-off and you get to the Meadow Club golf course you have gone too far.) Bon Tempe Reservoir is about ½ mile past the entrance gate. Lake Lagunitas is about 1½ miles past the entrance gate. After about one mile, you will come to a long straightaway and T-intersection. Turn right at the intersection; within 100 yards you will be at the Lake Lagunitas parking area. Carpooling advised: Last I checked the parking fee was \$8.00 (bring exact change)

Bay Trail / E-ville / Point Richmond 1/TM/35

Friday May 17 9:45 a.m.
Leader: Arleen Sakamoto
Sakamo2@Yahoo.com
Leader: Kenneth Karda (510) 530-8389
Meet at 9:45 am for a 10:00 am start
Start Location: Berkeley - Aquatic Park Playground
We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory Ship, Miller-Knox Park, Ferry Point Tunnel & lunch at Little Louie's. There will be option to bypass the tunnel. This is a no drop ride.

Lafayette Reservoir Walk

Friday May 17 9:30 am
I'm back! I hope there is still green grass and wild flowers. Meet near the flagpole for the 2.7 mile clockwise walk on the paved path. After the walk we meet again downtown Lafayette for conversation, drinks and snacks near Noah's Bagels.

Rebecca 925-933-8033 or 925-3223-3579

Briones/Alhambra Creek Hike 2B.

Saturday May 18 10:00 AM
Jon Heinson (925)899-2953
Largely unshaded trails in the middle portion of the hike, but beginning and end are both in more forested areas. Nice at this time of year. Some chance of mud if recent rain activity. The start is a steady climb to the top and then rolling hills through free ranging cattle. A fair amount of climbing hills. The hike is about 8 miles. Bring water. We eat late lunch when we get back at the picnic area adjacent the parking area. Sometimes a parking charge is collected.
Directions: Hwy 680 to Pleasant Hill exit in Pleasant Hill. Continue on the blvd to Gregory and turn left onto it. Gregory becomes Greyson. Follow to the "T" at the cemetery and turn Right onto Reliez Valley Road. A couple of miles down turn into Briones Regional Park at Alhambra Staging Area adjacent the horse stables. About 1/10 mile to parking area where we meet.

Moore's Landing Bike Tour, 32 Miles/Grade 2/Pace M/Hills A

Sunday, May 19 10:00 am
Dick Duker (510) 705-2447
Meet at Moore's landing parking lot in Napa for a leisure-moderate paced 32 mile loop around Napa. Lunch stop during the ride or bring your own. Bring: bicycle, pump, helmet, water, money. Meet: Parking lot at the end of Cuttings Wharf Rd in Napa at 10:00 am. Return: to cars by 4:00 pm. Directions: Take Hwy 29 north from Vallejo (or take Hwy 12 from Hwy 80), continue toward Napa, then left at the Hwy 121/12 intersection (there is a traffic light there) and head west toward Sonoma. After about a mile take a LEFT onto Cuttings Wharf Road, and another left to stay on Cuttings Wharf Road, and drive 2 miles to the parking lot at the end of the road. Restroom, but no water available in the parking lot. My cell phone number is 510-705-2447. RSVP if coming at dduker2001@yahoo.com.

Sunday Afternoon Piano Concert in El Sobrante

Sunday May 19 at 2:00 PM

Our next piano concert features Virginia Tichenor, who lives in Oakland and plays ragtime music—some composed by her father who was a musician, composer, and ragtime historian. Virginia plays piano at local venues as well as at ragtime festivals across the country. She is the director of the annual West Coast Ragtime Festival in Sacramento. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission. **Advanced registration is required.** The cost of the concert is \$25.00 to cover the musician

fee and refreshments. To register send a check with your e-mail address to John Ulrich, 4184 Garden Lane, El Sobrante, Ca.94803. The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early—doors close promptly at 2 PM. For more information, contact Blanche at (415) 665-1135 or

blanchek@sbcglobal.net

A Trip To Murphy's

Wednesday May 22 8:30 am

Don & MaryAnn Acamo
925-899-5030

Join us as we take a day trip to the wonderful town of Murphy's. Our first stop will be the beautiful Cornerstone Winery. The winery has a small history museum which shows the largest gold nugget ever found. The grounds are really pretty and will worth spending some time here. Our next stop is the town itself with all its quaint shops and wine tasting rooms. There are 26 wine tasting rooms on main street alone, if you don't like wine there is a ice cream shop that has 26 flavors. We will then meet at a specific time for a lunch at the historic Murphy's Hotel. We will have lunch on the lawn under some big oak trees, making for a nice way to end our day. Please RSVP. Cost will be sent out at a later date due to increasing gas prices

Book Group

Thursday May 23 6:30 pm

Gretchen 510-530-3557

Frank 925-930-0133

The Trouble with Goats and Sheep by Joanna Cannon

The novel opens in the mid-1970s in a British suburb on a blisteringly hot summer day. The disappearance of a local woman, Mrs. Creasy, has residents on high alert, and the rumors are flying. Grace, precocious 10-year old, and her best friend, Tilly, decide to investigate by asking questions about faith from house to house in the neighborhood. What becomes clear is the neighbors are keeping a deadly secret.

Lafayette Reservoir Walk

Friday May 24, 9:30 am

I'm back! I hope there is still green grass and wild flowers. Meet near the flagpole for the 2.7 mile clockwise walk on the paved path. After the walk we meet again downtown Lafayette for conversation, drinks and snacks near Noah's Bagels.

Rebecca 925-933-8033 or 925-3223-3579

Niels 70k+/- Ride From Pt.

Richmond to Bay Bridge/Treasure Island

Sunday May 26 10:00 AM

Niels Povlsen (510) 375-1521

Let's ride from Point Richmond to & up the Bay Bridge & then down to Treasure Island. We'll stop for lunch on the Island at Aracely, a small restaurant on Treasure Island with a nice outdoor dining area. Coming back up to the bridge is a little bit of a grind - But walking is allowed. This will be our chance to see TI before the redevelopment on the Island. Because of construction we may find a surprise or two on Treasure Island. This is a really nice, scenic ride worth exploring. Co-listed with Golden Gate Cyclists.

Memorial Day BBQ Picnic

May 27, Monday, 12 noon

Heather Farm Park, Walnut Creek

Patrick Perez (925) 915-9554

patrick.perez.g4@gmail.com

Join us for this great BBQ picnic. I will have an area reserved for our group. We will be in the area that is near the San Carlos Drive parking lot. It will be easy to walk to the

picnic site from where you park. I will have blue balloons and a Beachcomber banner to mark the location as well as my cell phone with me in case you get lost. I will provide the coals, utensils, lemonade and hot dogs to grill. Bring your side dish, grill item, and beverage of choice. If you need to go to a store to purchase your food or beverage, there is a shopping center on the corner of Ygnacio Valley Road and San Carlos Drive. They have a great variety of food items and supplies for the picnic. I will have 2 tables in the shade to keep your food cool. If it is warm that day, bring a swim suit for the pool nearby. There is a beautiful rose garden on the west side of the pond to enjoy as well.

Directions: The Park is located on North San Carlos Drive which intersects with Ygnacio Valley Road. Our location will be on the corner of Heather Drive and North San Carlos Drive. Our location will be next to the swimming pool parking lot.

Lafayette Reservoir Walk

Friday May 31, 9:30 am

I'm back! Meet near the flagpole for the 2.7 mile clockwise walk on the paved path. After the walk we meet again downtown Lafayette for conversation, drinks and snacks near Noah's Bagels.

Rebecca 925-933-8033 or 925-3223-3579

June Events

One Hour Walk and Talk

Tuesdays 9:15 AM

Nancy Nolte, Lynne Harris and/or

Joanne Lagerstrom, 925-335-0950

Join us and a few other folks who have been walking on Tuesday mornings on the Iron Horse Trail. We meet at the parking lot just west of the Olympic Blvd. and Pleasant Hill intersection (the new round about) for a short walk west—30 minutes out and 30 minutes back. If you are joining us for the first time, please give Joanne a call to let her know you are coming.

East Bay Wednesday Rides

Rides generally start at Heather Farm Park at **10:00 AM** November through June. Rides are posted on the Hikanbyke Google groups. For specific ride information, contact Trish thewison@att.net, (925-212-7047).

Joan joanmfriedman@aol.com (925-216-7833)

Lafayette Reservoir Walk

Friday June 7, 9:30 am

I'm back! Meet near the flagpole for the 2.7 mile clockwise walk on the paved path. After the walk we meet again downtown Lafayette for conversation, drinks and snacks near Noah's Bagels.

Rebecca 925-933-8033 or 925-3223-3579

Morgan Territory Hike 2A+ Trails Challenge Hike

Saturday, June 15 9:30 AM

Charlie & Ginny, cju2 at sbcglobal dot net 925-324-2731

Sheri & Stan, swong522 at sbcglobal dot net 925-818-9332

Join us for another in the Trails Challenge series of hikes this year. Nestled in the Diablo Foothills, Morgan Territory is a stunning and remote 4,708 acre preserve with plenty of opportunities for exploration. The featured hike is nearly 8 miles long but we will take a somewhat abbreviated course which will tally around 5 miles, and traverse a trail that is new to us. Total elevation gain is expected to be less than 1,000 Ft. Bring a snack or lunch if you like, estimated finish will be around 13:00.

Driving Directions: From I-580 in Livermore, exit onto N. Livermore Ave. and turn north. Shortly after N. Livermore curves left (west), turn right onto Morgan Territory Road and follow it for about 5.5 miles to the staging area. From Walnut Creek/Concord, take Clayton Road to Marsh Creek Road, then turn right onto Morgan Territory Road. The staging area is 9.4 miles from Marsh Creek Road – allow extra time as it takes at least 30 minutes from Clayton. There are no parking fees here; there is a toilet & water. Rain will cancel this hike (not likely in June...)

Pot Luck and Singalong

Saturday, June 15 6:30 PM

Montclair District, Oakland,

John Murrell (510) 339-1263

John and the gang are once again

hosting another of the popular potluck



musical evenings at John's house in the Montclair district of Oakland.

Song books will be provided which include over 450 songs of all genres. Don't worry if your voice is not that great, we are here to have fun. You will be able to pick from any of the songs in our books. You will be accompanied by one or more guitar players to lead the group with tunes chosen.

Bring a potluck dish to share and the beverage of your choice if you plan to join the potluck. Please note, alphabetical order has been changed. If your last name begins with A-I bring an entree, J-R bring a salad, S-Z bring desert, and your own beverages. If you are not sure what to bring, entrees are always a good choice. Also a musical instrument if you have one. Please note that there will be a three dollar charge to cover the cost of paying for professional cleanup help after the event, and for plates, cutlery and glasses, and song books.

Address; 6175 Snake Rd, Oakland. Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park Bl and turn left to Mountain Bl, go left again on Mountain Bl about three blocks and turn right onto Snake Rd at the light. From Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful, Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have missed the turn. The house is 1/2 mile up on the left opposite Drake St.

Lafayette Reservoir Walk

Friday June 14, 9:30 am

I'm back! Meet near the flagpole for the 2.7 mile clockwise walk on the paved path. After the walk we meet again downtown Lafayette for conversation, drinks and snacks near Noah's Bagels.

Rebecca 925-933-8033 or 925-3223-3579

Lafayette Reservoir Evening Walk

Monday, June 17 7:30 PM

Carla. 209-988-4265

Since we all enjoyed the cool evening walks last summer, we'll do it again this year. Meet at the flagpole for an on-time departure, clockwise around the reservoir. Then the best part, adjourn to my house nearby for dessert after our walk. Any questions or need a ride from Bart, give me a call.

Book Group

Thursday June 20 6:30 pm

Jean 510-534-5686

Frank 925-930-0133

Educated, A Memoir by Tara Westover

Tara Westover, born to survivalists in the mountains of Idaho, was seventeen the first time she set foot in a classroom. Educated is an account of the struggle for self-invention. It is a tale of fierce family loyalty and the grief that comes from severing ties with those closest to you. It is a coming-of-age story that gets to the heart of what an education is and what it offers.

Lafayette Reservoir Walk

Friday June 21 9:30 am

I'm back! Meet near the flagpole for the 2.7 mile clockwise walk on the paved path. After the walk we meet again downtown Lafayette for conversation, drinks and snacks near Noah's Bagels.

Rebecca 925-933-8033 or 925-3223-3579

Redwood Park in Oakland

Saturday June 22 10:00 a.m.

Jon Heinson. Jeheinson@gmail.com (925)899-2953

Join us for a 7 mile hike through the largely shaded redwood forest. Meet at Canyon Meadow staging area which is in the park at end of the road. We hike largely up initially and about halfway through the hike we stop for lunch at Redwood Bowl. Bring something to share.

Directions: Hwy 13 off Hwy 24 just before the Caldecott Tunnel on the west side. South to Redwood Road exit and turn left uphill past Skyline Blvd and continue on Redwood to the park on the left. Turn into the

park (\$5 parking fee) and meet in the parking lot Canyon Meadow staging. It takes about 30 min for Redwood exit.

Columbia Stare Park

Wednesday June 26 8:30 am
Don & MaryAnn Acamo
925-899-5030

Join us as we head out to the town of Columbia and take a little walk back into the Gold Rush era. We can stop at the saloon and start our day with a Sarsaparilla.. A great drink of the past. At 10:a.m. we will attend the play The Wizard of Oz at the Fallon Theater. Tickets are \$30.00 for seniors. As you RSVP, I will let you know how you can purchase your ticket and pick your seat. This is RSVP event. Hope you can join us for this one.

Lafayette Reservoir Evening Walk

Monday, June 26 7:30 PM
Carla. 209-988-4265

Since we all enjoyed the cool evening walks last summer, we'll do it again this year. Meet at the flagpole for an on-time departure, clockwise around the reservoir. Then the best part, adjourn to my house nearby for dessert after our walk. Any questions or need a ride from Bart, give me a call.

Lafayette Reservoir Walk

Friday June 28, 9:30 am
I'm back! Meet near the flagpole for the 2.7 mile clockwise walk on the paved path. After the walk we meet again downtown Lafayette for conversation, drinks and snacks near Noah's Bagels.
Rebecca 925-933-8033 or 925-3223-3579

HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.

Please check one: New Membership Renewal (for renewals, only list any information that has changed)

Name: _____

Mailing Address: _____

City/State: _____ Zip: _____

Primary Phone: () _____ Other Phone: () _____

Internet email address: _____

Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount.

Regular (paper, mailed) = \$22/Yr.

Green (email delivery) = \$10/Yr. * An email address is required

Hikanbyke distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes No Your Email Address? Yes No

I enjoy the following: Hiking/Walking Cycling Camping Backpacking DH Skiing XC Ski

Tennis Running Other (please specify) _____

Hikanbyke
1201 Brickyard Way, #111
Point Richmond. CA 94801

Place stamp
here

Do NOT send renewals to above address



Address Correction Requested

Check the **expiration date** on your mailing label
If within 3 months, please **renew promptly**.