



Hikanbyke Highlights

MEMBERSHIP POLICY

Regular member (hard mailed newsletter) **\$22/year**. **Green member** (on-line newsletter) **\$10/year**.

NOTE – hardcopy newsletter cost may vary as printing/mailling costs increase

To submit events for the next issue of the newsletter:

Deadline for next issue: October 22

By E-mail: DLSavard@gmail.com

Include: Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

Membership

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application (at the back of this newsletter), or download from [http://www.hikanbyke.org/MembershipPrint.pdf/](http://www.hikanbyke.org/MembershipPrint.pdf) and forward with your check. Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

Hikanbyke Web Site:
<http://www.hikanbyke.org>

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

Club Coordinators

Membership / Missing Newsletters:

Charlie Uhlman (925) 370-1123
Email: cju2 at sbcglobal dot net

Special Events:

Rebecca Mallon (925) 933-8033
Email: rmallon2 at AOL dot com

Treasurer:

Niels Povlsen (510) 375-1521
Email: Hikanbyke at fastmail dot fm

Newsletter Compiler:

Diane Savard (925) 864-7141
Email: dlsavard at gmail dot com



Event leader Information:

Event Leaders are encouraged to carry a **mobile phone** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

EMAIL LIST: Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, un-subscribe yourself when you wish to leave the list, and update your email if you change your email !

For more help and to read our policy, visit our website:
<http://www.hikanbyke.org/>

TO SUBSCRIBE to the list, simply send an email to Hikanbyke+subscribe@googlegroups.com What is in the subject or body of the email is irrelevant. You should receive a confirmation email.

Once you are subscribed, you may post to the list.

TO POST A MESSAGE, send an email to Hikanbyke@googlegroups.com You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

TO UNSUBSCRIBE from the list, send an email to Hikanbyke+unsubscribe@googlegroups.com You should receive a confirmation email.

Bicycle Ride Rating System

<u>GRADE</u>	<u>PACE</u>
1-Flat	L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle	T-Touring: 10-13 MPH, regroup stops
3-Rolling	M-Moderate: 13-16 MPH, occasional regroup
4-Some Steep	B-Brisk: faster pace may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles	A-Less than 1,000 ft.
2-6 to 10 miles	B-1,000 to 2,000 ft.
3-10 to 15 miles	C-2,000 to 3,000 ft.
4-15+ miles	D-Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

EDITOR'S CORNER

A BIG Thanks to these event leaders. In July and August we had several musical events. Woodminster Amphitheater, and Todos Santos Plaza attracted music and picnic lovers. Perfect summer evening weather followed the brutally hot daytime temperatures. After too much winter rain, we had too many hot summer days. Hopefully Fall days will be more forgiving.

Niels Povlsen John Murrell
Joan Friedman Pat Perez
Sandy Filson Ginny Bruzki
Trust Hewison Don Acamo
Jean Tokarek Susan Nyser
Charlie Uhlman Rebecca Mallon
MaryAnn Acamo Joan Shannon
Blanche Korfmacher

Future Events

ANNUAL PICNIC - DATE CHANGE!!

Sunday September 24
9 am-events, 12 noon-picnic
Rebecca Mallon
Miller/Knox Regional Shoreline Park in Pt. Richmond is a favorite of several H&B members. As always, hikes and rides (+frisbees? +kites?)

will precede the potluck picnic at noon. There are hiking trails into the hills behind the park, taking off from the free parking lot. There is a paved path running along the water from Keller Beach to Ferry Point and around the lagoon. The level, paved Bay Trail can be accessed from the picnic site with views of SF skyline, 2 bridges, and Mt. Tamalpais. The Bay Trail is also a great place for a bike ride of any distance. Golden State Model Railroad Museum is right across the street. As always, it's a traditional potluck. Bring dishes to share and drinks of our choice. More details will be provided in a flyer. Questions? Rebecca at rmallon2@aol.com

Sunday Afternoon Piano Concert in El Sobrante

Sunday November 5, at 2:00 PM
Our next piano concert features a very dynamic duo-Lluis Coloma from Barcelona, Spain & Carl Sonny Leyland, back again to entertain us with their boogie woogie and blues tunes. Lluis will also be featured at the upcoming International Boogie Woogie festival at the SF Jazz Center in November. Lluis & Sonny are working on a new CD to feature the two of them and we'll be among the first to hear some samples. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission. Advanced registration is required. The cost of the concert is \$25.00 to cover the musicians fee and refreshments. To register-send a check with your e-mail address to John Ulrich, 4184 Garden Lane, El Sobrante, Ca. 94803. The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early-doors close promptly at 2PM. For more information, contact Blanche at(415) 665-1135 or blanchek@sbcglobal.net

Save the Date - Annual Holiday Party

Saturday December 2 6:30-10:30 pm
A few changes - the members at the policy meeting in Feb. voted for a time change (a bit earlier) and a price change (1 price for members, 1 price for guests). So watch for details

and a flyer in a future newsletter. Join us when we return to Sycamore Clubhouse in Danville. It has been a favorite location for many years. We have music for listening and dancing, a hearty hot appetizer buffet, beer, wine & soft drinks all included in your reservation. Committees will be seeking help with decorating, greeting, serving and cleanup. Questions? Rebecca at rmallon2@aol.com

Delancey Street Luncheon

Wednesday December 6, 2017

This holiday luncheon in San Francisco has been a popular activity and hope you will join us. Unlike previous years, coffee and tea will be included. The menu choices and prices will be included in the next newsletter. Please put this date down in your calendar. Rose and Ann



Hikanbyke Yosemite Experience 2018

Come join our Yosemite trip for 2018. In addition to hiking, biking, and photography there are many programs available. This is a wonderful trip and we sell out every year. We're trying to expand our Housekeeping units from 10 to 15 for 2018 to accommodate more members, so get your reservations in early. We will have a wait-list. DATES: Sunday June 3 to Thursday June 7, 2018 -- 4 nights, 5 days. The accommodations are in the Housekeeping Camp and occupancy is two people per unit. This experience usually fills up very quickly. Breakfast and lunch are each individual's responsibility. We have a HAPPY HOUR every night, each person brings their own beverage and snacks. Dinner & Campfire: This is the time when we socialize and is great fun with a varied menu and different groups cooking each night. Cost of dinners is about \$40/person for 4 nights and we have great meals and plenty of food. Many members choose to attend a breakfast buffet (optional) at the Yosemite Majestic Hotel, (formerly the Ahwahnee) on Thursday morning, prior to our departure, a wonderful tradition, in their beautiful dining room which we

have been doing for many years. We have our planning meeting in January in Walnut Creek to plan and discuss meals and hiking etc. An email will be sent in December to announce location, date & time. To reserve your Housekeeping Camp unit send your initial deposit of \$125/person, \$250/unit payable to "Howie Herskowitz" and mail to: 172 Santa Rosa Ave, Oakland, CA 94610. Please include names, addresses, email, and phone numbers of participants. Your final payment will be due at our January meeting. This is a Hikanbyke event. Your membership MUST be current to attend. You can join Hikanbyke on this web page:

<http://hikanbyke.org/MembershipPrint.pdf>

For more information please email: Howie Herskowitz or Melinda Oliver: howie@itsolutions.net melinda.j.oliver@gmail.com

September October Events

East Bay Wednesday Ride

Rides generally start at Heather Farm Park at 10:00 AM. Rides are posted on the Hikanbyke Google groups. For specific ride information, contact

Joan at joanmfriedman@aol.com or 925-216-7833 or Trish thewison@att.net, 925-212-7047.

Lafayette Reservoir Walk

Friday, Sept. 1, 9:00 AM
Note the Summer Time Change
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Summer weather is with us so we decided yo start early. Watch for any last minute cancellations/changes due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Redwood Park in Oakland

Saturday September 2 10:00 a.m.
Jon Heinson. Jeheinson@gmail.com (925) 899-2953

Join us for a 7 mile hike through the largely shaded redwood forest. Meet at Canyon Meadow staging area which is in the park at end of the road. We hike largely up initially and about halfway through the hike we stop for lunch at Redwood Bowl. Bring something to share.

Directions: Hwy 13 off Hwy 24 just before the Caldecott Tunnel on the west side. South to Redwood Road exit and turn left uphill past Skyline Blvd and continue on Redwood to the park on the left. Turn into the park (\$5 parking fee) and meet in the parking lot Canyon Meadow staging. It takes about 30 min for Redwood exit.

Labor Day BBQ Picnic – Heather Farm Park

September 4, Monday, 12 noon
Patrick Perez (925) 915-9554

patrick.perez.g4@gmail.com

Join us for this great BBQ picnic. I will have an area reserved for our group. We will be in the area that is near the North San Carlos Drive parking lot. It will be easy to walk to the picnic site from where you park. I will have blue balloons and a US and Canadian flags to mark the location. I will have my smart phone with me in case you get lost. I will provide the coals, utensils, some beverages and hot dogs and chicken to grill. Bring your side dish choice and beverage. Please bring \$2 to cover the picnic supplies. I will have 3 tables in the shade to keep your food shaded. Remember to bring your lawn chairs or blanket whichever you prefer. Please remember to bring sunscreen. The park offers ample parking, and an Olympic sized pool, a great rose garden, children's play area, short hiking areas, and a lot of open space for those of you who have equipment for volleyball, croquet, etc. Dogs are welcome but they must be on a leash. No smoking please.

Directions: Take Ygnacio Valley Rd past John Muir Hospital and turn left on North San Carlos Dr. The park is located on North San Carlos Drive which intersects with Ygnacio Valley Road. Our location will be on the

corner of Heather Drive and North San Carlos Drive. The location will be next to the swimming pool parking lot. However, it will be easier to park across from our site that is more ample parking and is closer. The USA and Canadian flags will be on your left and the parking lot entrance will be on your right. I will try to get the same picnic site which has a large tree.

Lake Merritt Walk & Dinner

Tuesday September 5 5:30 PM
Niels Povlsen [\(510\) 375-1521](tel:510-375-1521)

Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant, after our walk. I am thinking of doing Taco Tuesday at the Lakehouse on Lake Merritt.

Lafayette Reservoir Walk

Friday, Sept. 8, 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Hopefully the Summer weather will be cooling. Watch for any last minute cancellations/changes due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Thursday Morning Coffee Celebrates Walt's 86th Birthday with a Potluck!

Thursday September 14 9:00 a.m.
27 miles, 2 (500'), T-M

Start location: Upper Lot above the Visitor Center, Don Edwards Wildlife Refuge (Marshlands Road, Fremont, 94555)
Walt Thomas is turning 86! Come join the celebration. Some things change and some things remain the same. Our start location, route and lunch stop will change again this year, the fun will remain the same. We will meet in the upper parking lot of Don Edwards, above the Visitor's Center. Please wear your club jersey. Vanessa and I will be there (with a cooler or two) to collect your yummy contribution to

lunch. Grab your helmet decorations, suffer through a few pictures and go enjoy the ride. Ken has created a nice, 27 mile route mostly along paths and of course the optional Nike Hill. Optional for everyone except Walt, that is! Lunch will be at Coyote Hills Dairy Glen Picnic area if it isn't taken. Otherwise, we will picnic at the Visitor's Center. A route sheet will be provided and cake will be served along with lemonade and water. For those unable to join the ride, please feel free to join us at the picnic. Thanks so much to Ken and Vanessa for helping with organizing this event. This ride is co-listed with the Valley Spokesmen and Hikanbyke. Extreme temperatures or construction may modify the route. Rain cancels, check yahoo group, email or call me.
<https://ridewithgps.com/routes/240082>
00 Lori Sommer
lorimsommer@gmail.com
(510) 693-8624

Bay Trail / E-ville / Point Richmond

Friday September 15 [1/TM/35](#)

Leader: Arleen Sakamoto

Sakamo2@Yahoo.com

Leader: Kenneth Karda [\(510\) 530-8389](tel:5105308389)

Meet at 9:45 am for a 10:00 am start
Start Location: [Berkeley - Aquatic Park Playground](#) We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory ship, Miller-Knox Park, Ferry Point Tunnel, & lunch at Little Louie's. There will be an option to bypass the tunnel.

Lafayette Reservoir Walk

Friday, Sept 15, 9:30 AM

Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Hopefully the Summer weather will be cooling. Watch for any last minute cancellations/changes due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Nicasio-Inverness Loop, 32 miles/level B/pace 2/hills C

Saturday September 16 10:00 am

Claudia Collins (925) 788-6383,
Francine Prophet (415) 902-4104

Please join us for the traditional Nicasio Loop ride including a rest stop at Chicken Ranch Beach in Inverness. We will enjoy a late lunch and libations afterwards at Rancho Nicasio.

Start: Take Hwy 101, Lucas Valley Rd exit and head west for about 10 miles. Park ¼ mile past town of Nicasio along the side of road.

Pot Luck and Singalong

Saturday, September 16th, 6.30 PM

Montclair District, Oakland,

John Murrell [\(510\) 339-1263](tel:5103391263)

John and the gang are once again hosting another of the popular potluck musical evenings at John's house in the Montclair district of Oakland.

Song books will be provided which include over 450 songs of all genres. Don't worry if your voice is not that great, we are here to have fun. You will be accompanied by one or more guitar players to lead the group with tunes chosen.

Bring a potluck dish to share and the beverage of your choice if you plan to join the potluck. If your last name begins with A-G bring an salad, H-P bring an entree, Q-Z bring desert, and your own beverages. If you are not sure what to bring, entrees are always a good choice. Also a musical instrument if you have one. Please note that there will be a three dollar charge to cover the cost of paying for professional cleanup help after the event, and for plates, cutlery and glasses, and song books. Address; 6175 Snake Rd, Oakland. Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park Bl and turn left to Mountain Bl, go left again on Mountain Bl about three blocks and turn right onto Snake Rd at the light. From Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful, Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have

missed the turn. The house is 1/2 mile up on the left opposite Drake St.

Suisun Valley Bike Ride (Level 2B25-30)

Sunday September 17 10:30 AM

Niels Povlsen 510-3875-1521

We will ride through the valley and stop for lunch at the Wooden Winery. This is an easy bike ride. Bring your pump, spare tube and liquids.

Directions: Take I-680 north to I-80 east to the first exit (Suisun Valley Rd). Go north on Suisun Valley Rd about 1 mile to Solano College. We will meet in parking lot.

Book Group Discussion and Pot Luck

Thurs. Sept. 21 6:30 PM

Shoshana [510-610-2676](tel:5106102676)

Randy Shiits [The Mayor of Castro](#)

[Street](#) is a biography of Harvey Milk, a man whose personal life, public career, and tragic assassination mirrored the dramatic and unprecedented emergence of the gay community in America during the 1970s, Milk's personal and political life is a story full of personal tragedies and political intrigues, assassinations at City Hall, massive riots, miscarriage of justice, and consolidation of gay power and gay hope.. Call for directions

Lafayette Reservoir Walk

Friday, Sept 22, 9:30 AM

Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Hopefully the Summer weather will be cooling. Watch for any last minute cancellations/changes due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Annual Hikanbyke Picnic

Sunday Sept 24 at noon

The picnic site is MILLER/KNOX Regional Shoreline on Dornan Drive in Point Richmond. Check the newsletter flyer or club website for more details. Information about specific bike rides, walks and hikes will follow on Google Groups.

H&B has reserved MARSH HAWK site. Miller/Knox is a 306 acre site with an expansive lawn area and a lagoon, views of San Francisco Bay, Mt Tamalpais, Richmond and Bay Bridges. Ferry Point was once the terminus of the transcontinental railroad. You can visit that railroad site, the Golden State Model Railroad Museum, the Kaiser Shipyard with Rosie the Riverter and WW II Home Front National Historical Park. The level SF Bay Trail in front of our site goes for miles toward Oakland & the Bay Bridge. There are hiking trails UP in the hill behind the picnic site. Rides and hikes will take place in early morning. Picnic will begin at noon. This is our traditional potluck theme. Bring your own drink. Bring a salad, side dish or dessert to share. Paper goods, cutlery will be provided. Please RSVP this year because H&B has provided a BBQ item in the past. It would be great to know how many to expect. Do you have friends who are considering joining H&B? This would be a great time and place to introduce them to our group. Directions: From I-580 in Richmond exit at Canal Blvd. Turn south. Right onto W Cutting, left on S Gerrard and thru the tunnel where Gerrard become Dornan. Take 2nd parking entrance past the Train Museum and look for Marsh Hawk picnic site. Contra Costa friends could use San Pablo Dam Rd route to I-80. Google Maps, GPS and Mapquest will be big help. FREE parking. Also - check ebparks.org - search Miller Knox for more information about the site & directions. Questions? Rebecca [t rmallon2@aol.com](mailto:rmallon2@aol.com) or [925-933-8033](tel:925-933-8033)

Lafayette Reservoir Walk

Friday, Sept 29, 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Hopefully the Summer weather will be cooling. Watch for any last minute cancellations/changes due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in

Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

Lake Merritt Walk & Dinner

Wednesday October 4 5:30 PM
Niels Povlsen [\(510\) 375-1521](tel:510-375-1521)
Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring \$ for dinner at local restaurant, after our walk.

Indian Tree Open Space Preserve 6+ Mile Hike - & Potluck

Saturday October 7 10:00 AM
Niels Povlsen 510-375-1521
We'll ascend through a series of cool forests to the top of the ridge where giant Redwoods catch the summer fog. We'll enjoy sweeping views of the entire North Bay from one of the best destinations in Marin County. Bring food/drink to share. Directions: From Hiway 101 in Novato, turn west on San Marin Dr., Cross Novato Blvd. onto Sutro Avenue(south) & go over Novato Creek bridge past O'Hair Park to Vineyard Rd. Turn right(west). Follow Vineyard Rd. for a little over a mile and park on the south side of the street, immediately after the last house, in unpaved area

Lafayette Reservoir Walk

Friday, Oct.13, 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Hopefully the Summer weather will be cooling. Watch for any last minute cancellations/changes due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or [925-323-3579](tel:925-323-3579) cell.

San Francisco Waterfront, 11 miles.

Carla 209.988.4265
Sunday October 15 10:00 a.m.
We'll walk from the ferry building to Sausalito, and take the ferry back. Meet in front of the ferry building at

10 AM for an easy, almost level walk down past Pier 39 up across the Golden Gate bridge, and down into Sausalito. Bring a sack lunch for midway stop at the Battery, with beautiful views of the bay. Bring your clipper card for the ferry, or buy a ticket there.

Palo Alto - Stanford - Woodside - Crystal Springs Bike Ride (3A/B25+)

Sunday October 22 10:00 AM
Please note date change above
Niels Povlsen (510) 375-1521
We'll begin our ride in Palo Alto, cruise through the beautiful Stanford campus, and meander up to Woodside where we can buy lunch at one of California's best delis. We continue up Canada Road to the Pulgas Water Temple where we will enjoy our picnic lunches. This is a nice ride through some lovely countryside. Suitable for strong beginners. Bring water and helmet is required. Bring or buy food. Look for a future update on the starting place on a Google Groups notice.

Book Group Discussion and Pot Luck

Thurs. Oct. 19 6:30 PM
Nancy 925-930-0133
In Paulette Jiles News of the World Jefferson Kidd is offered \$50 gold pieces to deliver a young orphan to her relatives in San Antonio. Four years earlier, a band of Kiowa raiders killed her parents and sister, sparing the little girl and raising her as one of their own. The journey through unsettled territory and unforgiving terrain proves difficult and at times dangerous. But animosity slowly becomes a bond between the two. This book was a finalist for the National Book Award. Call for directions

Lafayette Reservoir Walk

Friday, Oct. 20, 9:30 AM
Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Hopefully the Summer weather will be cooling. Watch for any last minute cancellations/changes due to

weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or 925-323-3579 cell.

Lafayette Reservoir Walk

Friday, Oct. 27, 9:30 AM

Join us for the 2.7 mile walk clockwise on the paved path. We meet near the flagpole in the parking lot. Free parking available on Mt. Diablo Blvd. at the bottom of the hill, but allow 15 minutes to walk up. Fee - credit cards or coins - parking at the top. Hopefully the Summer weather will be cooling. Watch for any last minute cancellations/changes due to weather. We regroup after the walk for drinks, treats & conversation in the patio behind Noah's Bagels in Lafayette. Many options for purchase. Questions? Rebecca [925-933-8033](tel:925-933-8033) home or 925-323-3579 cell.

Berkeley Indian Rock Urban Walk

Sunday October 29 10:00 AM

Niels Povlsen [510-375-1521](tel:510-375-1521)

Join Niels as we continue the new series of Urban Walks, inaugurated by Lois Switzer, featuring hidden stairways and walkways taking us through great neighborhoods in Berkeley and Oakland. This walk will take us into the Berkeley Hills above Solano Avenue, featuring iconic Indian Rock as well as other well-known Berkeley rock formations. The walk has wonderful views of the SF Bay Area. The walk encompasses several staircases & hidden walkways. The walk is a little over 4 miles and has about 300' of elevation. We can go to lunch along Solano Avenue afterwards if everyone wishes. We will meet at the corner of Los Angeles Avenue & The Alameda between Marin Avenue and Solano Avenue. It's right in front of NorthBrae Community Church. DIRECTIONS: Coming from the Freeway (I-80 or I-580): Exit Albany/Buchanan street and go up Buchanan street which changes to Marin Avenue when it crosses San Pablo Avenue. Go up Marin Avenue about another mile until you reach The Alameda, where there will be a signal. Turn left onto The Alameda. Go right at the next street which will be Los Angeles Avenue. The chapel is on your left, the parking lot is behind it. You may also exit University Avenue in

Berkeley and follow that east to Martin Luther King. Turn left there, Martin Luther King will turn into The Alameda after about a mile.

HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.

Please check one: New Membership Renewal (for renewals, only list any information that has changed)

Name: _____

Mailing Address: _____

City/State: _____ Zip: _____

Primary Phone: () _____ Other Phone: () _____

Internet email address: _____

Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount.

Regular (paper, mailed) = \$22/Yr.

Green (email delivery) = \$10/Yr. * An email address is required

Hikanbyke distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes No Your Email Address? Yes No

I enjoy the following: Hiking/Walking Cycling Camping Backpacking DH Skiing XC Ski

Tennis Running Other (please specify) _____

Hikanbyke
1201 Brickyard Way, #111
Point Richmond. CA 94801

Place stamp
here

Do NOT send renewals to above address



Address Correction Requested

Check the **expiration date** on your mailing label
If within 3 months, please **renew promptly**.